



# PROGRAMS-AT-A-GLANCE

## OCTOBER 2022

9/21/2022



### SPECIAL EVENTS

DATE	EVENT	TIME	LOCATION
1	Jazz Festival	11am - 6pm	Anderson Park
2	Filipino American History Month Kick Off	11am - 5pm	Dignity Health Sports Park
21	Women's Health Conference	7:30am - 3pm	Carson Event Center
22	Larry Itliong Day Celebration	9am - Noon	Veterans Park
22	Larry Itliong Awards Banquet and Dance	6pm - 11pm	Veterans Park
22, 26, 27, 29	Red Ribbon Week	Various Times	Various Locations
23	Think Pink - Breast Cancer Walk	8am - 11am	Veterans Park
29 - 31	Halloween Carnival	Oct. 29 & 30: Noon - 9pm Oct. 31: 5pm - 8pm	Carson Event Center

### MEETINGS

2	Fleet Reserve Meeting	1pm - 3pm	Veterans Park
6	Fabela Chavez Boxing Center Meeting (Board Members)	7pm	Via Zoom
11	Country Western Fair Meeting	7pm	Dominguez Park
13	Foisia Park Volunteer Association Meeting (Board Members)	6pm	Via Zoom
13	Samoan Heritage Planning Committee	6:30pm	Foisia Park
19	Dolphin Park Volunteer Association General Meeting	7pm	Dolphin Park
20	American Legion Meeting Post 352	7pm - 8:30pm	Veterans Park
25	Country Western Fair Meeting	7pm	Dominguez Park
26	Calas Park Volunteer Association Meeting	6:30pm	Calas Park
27	Fabela Chavez Boxing Center Public Meeting	7pm	Via Zoom
28	Fabela Chavez Boxing Center Public Meeting	7pm	Via Zoom

### PARK EVENTS

Mon/Wed	Craft Club	6:30pm - 7:30pm	Veterans Park
Mon/Wed	Fun N Games	6:30pm - 7:30pm	Veterans Park
Mon/Wed/Thu	Boxing Fitness Intermediate (Ages 8 - 12)	4pm - 5pm	Foisia Park
Mon/Wed/Thu	Boxing Fitness Intermediate (Ages 13 - 17)	5pm - 6pm	Foisia Park
Mon/Wed/Fri	Open Game Room	4pm - 8pm	Dolphin Park
Sun/Wed/Fri	Adult Baseball	TBD	Hemingway Park
Monday	Soccer Clinic	6pm - 7pm	Del Amo Park
Monday	Kids Pickleball	4pm - 5pm	Hemingway Park

Monday	Pickleball	7pm	Anderson Park
Mondays	Volleyball Clinic	6:30pm - 7:30pm	Dolphin Park
Tuesdays	Kick'it Croquet	4:30pm - 5:30pm	Del Amo Park
Tuesdays	Spontaneous Games	5pm	Anderson Park
Tuesdays	Arts and Crafts	4pm - 5pm	Hemingway Park
Tuesdays	Science Club	5:30pm - 6:30pm	Dolphin Park
Tuesdays	Karate	6pm	Foisia Park
Tuesdays	Ping Pong Club	6:30pm - 7:30pm	Dolphin Park
Wednesdays	Tiny Tots Soccer	5pm	Anderson Park
Wednesdays	B-Ball Time	4pm - 5pm	Hemingway Park
Wednesdays	Pickleball Pick-Up	4:30pm - 8pm	Dolphin Park
Thursdays	Pickleball	3pm - 9pm	Hemingway Park
Thursdays	Laser Tag	5pm - 6pm	Hemingway Park
Thursdays	Jr. Staff	6pm - 7:30pm	Dolphin Park
Thursdays	Cooking Class Finale	5:30pm - 6:30pm	Dolphin Park
Fridays	Friday Night Gaming	5pm - 6pm	Hemingway Park
Fridays	Teen Club	6:30pm - 8pm	Dolphin Park
Fridays	Jr. Staff	5:30pm - 6:30pm	Dolphin Park
Fridays	Lego Time	4pm - 5pm	Hemingway Park
Saturdays	Zumba	9am	Foisia Park
Saturdays	Pickleball	9am - 4pm	Hemingway Park
Saturdays	Women's Boxing Fitness Classes (Ages 16+)	10am	Foisia Park
Saturdays	Amazing Games	1pm - 2pm	Hemingway Park
Saturdays	Gaming Tournaments	1pm - 2pm	Anderson Park
Sundays	Pickleball	9am - 4pm	Hemingway Park
30-Sep	Football/Soccer/Softball Opening Day	5pm - 8pm	Carson Park
1	Opening Day: Football/Soccer	TBD	Veterans Park
1	Football/Soccer/Fall Softball Opening Day	9am	Carriage Crest Park
1	Opening Day - Soccer/Fall Softball Games Begin	9am	Foisia Park
1	Soccer & Fall Softball Opening Day	10am	Calas Park
1	Aqua Aerobics/Lap Swim	7:30am - 8:30am 8:45am - 9:45am	Carson Pool
1	Recreational Swimming	1:15pm - 3:15pm	Carson Pool
3-6	Session 5 - Swim Lessons	Various Times	Carson Pool
3-6	Swim Conditioning	6:45pm - 7:45pm	Carson Pool
3-6	Aqua Aerobics/Lap Swim	7am - 8am	Carson Pool
7	Fall Sports Picture Day	5pm - 9pm	Veterans Park
8	UCLA Football Excursion	3pm - 9pm	Departs from Carriage Crest Park

8	Saturday Session 1 - Swim Lessons	Various Times	Carson Pool
8	Aqua Aerobics/Lap Swim	7:30am - 8:30am 8:45am - 9:45am	Carson Pool
8	Recreational Swimming	1:15pm - 3:15pm	Carson Pool
10	Cooking with Kids (Every Monday)	6pm - 7pm	Veterans Park
12	Galaxy Day	5pm - 7pm	Veterans Park
12	Picture Day	6pm - 9pm	Foisia Park
13	Picture Night and Team Pictures Fall Youth Sports 2022	6pm - 9pm	Dominguez Park
10-13	Session 6 - Swim Lessons	Various Times	Carson Pool
10-13	Aqua Aerobics/Lap Swim	7am - 8am	Carson Pool
15	Aqua Aerobics/Lap Swim	7:30am - 8:30am 8:45am - 9:45am	Carson Pool
15	Saturday Session 1 Swim Lessons	Various Times	Carson Pool
15	Recreational Swimming	1:15pm - 3:15pm	Carson Pool
17-20	Session 7 - Swim Lessons	Various Times	Carson Pool
17-20	Swim Conditioning	6:45pm - 7:45pm	Carson Pool
17-20	Aqua Aerobics/Lap Swim	7am - 8am	Carson Pool
21	Diva Canvas Night (Every Mon/Wed)	6pm - 7pm	Stevenson Park
21	Teen Night Fridays Begins - Lip Sync And Karaoke	6pm - 9pm	Carriage Crest Park
21	Trunk or Treat	5pm - 8pm	Dolphin Park
22	Aqua Aerobics/Lap Swim	7:30am - 8:30am 8:45am - 9:45am	Carson Pool
22	Saturday Session 1 - Swim Lessons	Various Times	Carson Pool
22	Recreational Swimming	1:15pm - 3:15pm	Carson Pool
24-27	Session 8 - Swim Lessons	Various Times	Carson Pool
24-27	Aqua Aerobics/Lap Swim	7am - 8am	Carson Pool
27	Trunk or Treat	6pm - 9pm	Dominguez Park
27	Anderson Haunted Activity Room	6pm - 8pm	Anderson Park
27	Haunted Trick or Trunk	5pm - 8pm	Del Amo Park
28	Trunk or Treat	6pm - 9pm	Carriage Crest Park
28	Spooktacular Night	6pm - 8pm	Stevenson Park
28	Trunk or Treat Halloween Party	6:30pm - 8:30pm	Calas Park
28	Trunk or Treat	5pm - 8pm	Carson Park
29	Aqua Aerobics/Lap Swim	7:30am - 8:30am 8:45am - 9:45am	Carson Pool
29	Recreational Swimming	1:15pm - 3:15pm	Carson Pool
30	Cooking Class Finale	6:30pm	Mills Park
30	Opening Day/Picture Day	5:30pm - 8pm	Stevenson Park

**For more information, please call your local park or the Recreation Division at (310) 847-3570.**

**\*Please note: dates/times/locations/fees are subject to change without prior notice \***

## RECREATION DIVISION

<b>Anderson Park</b> A/Supervisor: Nick Reyes 19101 Wilmington Ave. Carson, CA 90746 (310) 603-9850	<b>Calas Park</b> Supervisor: Larry Failla 1000 E. 220th St. Carson, CA 90745 (310) 518-3565	<b>Carriage Cresk Park (CCPK)</b> Supervisor: Carolyn Pele 23800 S. Figueroa St. Carson, CA 90745 (310) 830-5601
<b>Carson Park</b> Supervisor: Cristina Herrera 21411 S. Orrick Ave. Carson, CA 90745 (310) 830-4925	<b>Del Amo Park</b> Supervisor: Aundrea "Peach" Rockhold 703 E. Del Amo Blvd. Carson, CA 90746 (310) 329-7717	<b>Dolphin Park</b> Supervisor: Pat Camacho 21205 Water St. Carson, CA 90745 (310) 549-4560
<b>Dominguez Park</b> Supervisor: Jose Pina 21330 Santa Fe Ave. Carson, CA 90810 (310) 549-3962	<b>Foisia Park &amp; Fabela Chazez Boxing Center (FCBC)</b> Supervisor: Janny Noa 23410 Catskill Ave. Carson, CA 90745 (310) 830-8310 (Park) (310) 830-6439 (Boxing Center)	<b>Friendship Mini Park</b> Supervisor: Pat Camacho 21930 S. Water St. Carson, CA 90745 (310) 549-4560
<b>Hemingway Park</b> Supervisor: Gwen Whitaker 700 E. Gardena Blvd. Carson, CA 90746 (310) 538-0018	<b>Mills Park</b> Supervisor: Migdalia "Mickie" Sanchez 1340 E. Domindale Dr. Carson, CA 90746 (310) 631-3130	<b>Perry Street Mini Park</b> Supervisor: Larry Failla 215th & Perry St. Carson, CA 90745
<b>Reflection Mini Park</b> Supervisor: Cristina Herrera 21208 Shearer Ave. Carson, CA 90745	<b>Stevenson Park</b> A/ Supervisor: Kelsie Mitchell 17400 Lysander Dr. Carson, CA 90746 (310) 631-2252	<b>Veterans Park</b> Supervisor: Isaac Gardner 22400 Moneta Ave. Carson, CA 90745 (310) 830-9997
<b>Veterans SportsComplex (VSPC)</b> Supervisor: Kenny Harris 22400 Moneta Ave. Carson, CA 90745 (310) 830-9992	<b>Walnut Mini Park</b> Supervisor: Gwen Whitaker 440 E. Walnut St. Carson, CA 90746	<b>Enrichment Program</b> Supervisor: Kenny Harris (310) 631-2252 or (310) 847-3570
<b>Aquatics</b> A/Supervisor: Jonathan Nery General Line: (310) 816-9381  <b>Foisia Pool</b> 23410 Catskill Ave. Carson, CA 90745 (310) 549-9051 <a href="mailto:foisiapl@carsonca.gov">foisiapl@carsonca.gov</a>	<b>Carson Pool</b> 21436 S. Main St. Carson, CA 90745 (310) 830-1053 <a href="mailto:carsonpl@carsonca.gov">carsonpl@carsonca.gov</a>  <b>Hemingway Aquatic Center (HAC)</b> 16605 S. San Pedro Carson, CA 90746 (310) 324-2515 <a href="mailto:hac@carsonca.gov">hac@carsonca.gov</a>	<b>Dominguez Aquatic Center (DAC)</b> 21330 Santa Fe Ave. Carson, CA 90810 (310) 830-2391 <a href="mailto:dac@carsonca.gov">dac@carsonca.gov</a>
<b>Corporate Yard</b> 18601 S. Main St. Carson, CA 90248 (310) 847-3570	<b>City Hall</b> 701 E. Carson St. Carson, CA 90745 (310) 830-7600	<b>Carson Event Center</b> 801 E. Carson St. Carson, CA 90745 (310) 835-0212



## Human Services Spotlight of Events for October 2022

Commission Meetings			
DATE	COMMISSION	TIME	LOCATION
10/10/2022	Senior Citizens Advisory	4:00 p.m.	Zoom
Join Zoom: <a href="https://us06web.zoom.us/j/88172349021?pwd=ejFNdkNhMzlrMCtiTGf1SU9zU2N0UT09">https://us06web.zoom.us/j/88172349021?pwd=ejFNdkNhMzlrMCtiTGf1SU9zU2N0UT09</a>			
Meeting ID: 881 7234 9021 / Passcode: 978758		Zoom Meeting Call-in Number: 669-900-6833	
Senior Assisted Living/Information and Referral			
DATE	EVENT	TIME	LOCATION
Tuesdays	Senior Share Storytelling	3:00pm-4:30pm	JMMCC Room 111
Wednesdays	Bereavement Support Group	10:30am-11:30am	JMMCC Room 111
Thursday	Welcome Back Senior Resource Fair	9:00AM-11:00AM	JMMCC Main Hall/Atrium
Wednesdays	Beyond The Grief Group	12:00pm-1:00pm	JMMCC Room 111
Wednesdays	Bet Tzedek Legal Talks	3:00pm-4:30pm	JMMCC Room 111
1st Monday	LA Regional Food Bank	7:00am-1:00pm	JMMCC East Parking Lot
1st 3rd Thursdays	Caregiver Support Group	11:00am-12:00pm	JMMCC Room 111
Mondays	Grandparents As Parents Support Group	TBD	TBD
Therapeutic Recreation			
DATE	EVENT	TIME	LOCATION
Mondays	Softball Program	6:00pm-7:30pm	Foisia Park
Wednesdays	Virtual/In-Person Hip Hop Step	4:00pm – 5:00pm	Carson Event Center
Thursdays	Arts & Crafts	5:00pm-6:00pm	Carson Event Center
Fridays	Adult Day Club	10:00am-1:00pm	Carson Event Center
Senior Recreation			
DATE	EVENT	TIME	LOCATION
Tue	Virtual Functional Fitness	9:30 a.m. – 10:30 a.m.	Zoom - Online
Wed	Virtual Salsa	9:30 a.m. – 10:30 a.m.	Zoom - Online
Thurs	Virtual Yoga	9:30 a.m. – 10:30 a.m.	Zoom - Online
Mon	Yoga	8:30 a.m. -9:30 a.m.	Stevenson Park
Mon	Hula Hoop Fitness	10:00 a.m. – 11:00 a.m.	Carson Park
Mon-Fri	Open Fitness Room	8:30 a.m. - 11:30 a.m.	Carson Park
Mon-Thurs	Open Basketball	10:45 a.m. - 11:45 a.m.	Carson Park
Tue	Zumba Gold	8:30 a.m. – 9:30 a.m.	Carson Park
T/TH	Zumba	9:30 a.m. – 10:30 a.m.	Carson Park
Wed	Functional Fitness	8:30 a.m. – 9:30 a.m.	Carson Park
Wed	Yoga	9:30 a.m. – 10:30 a.m.	Carson Park
Thurs	Line Dance	8:30 a.m. - 9:30 a.m.	Carson Park
Thurs	Zumba	9:30 a.m. – 10:30 a.m.	Carson Park
Fri	Line Dance	10:30 a.m. – 11:45 a.m.	Stevenson Park
M/W/F	Open Fitness Room	8:00 a.m. – 11:30 a.m.	Stevenson Park
Fri	Country Line Dance	8:30 a.m. – 11:45 a.m.	Carson Park
Mon-Fri	Open Fitness Room	8:00 a.m. -10:30 a.m.	Foisia Park
Mon-Fri	Chess	8:30 a.m. - 10:30 a.m.	Foisia Park
Mon-Fri	Open Basketball	8:00 a.m. – 10:30 a.m.	Foisia Park
Tue-Fri	Senior Bingo	11:00 a.m. - 2:00 p.m.	Carson Center
Early Childhood			
DATE	EVENT	TIME	LOCATION
10/1/2022	Welcoming New Children	8:00 AM-5:00 PM	Carson Event Center
Stroke Center			
DATE	EVENT	TIME	LOCATION
Mon - Thurs	Equipment Exercise	9:00AM-3:00PM	JBMAO Stroke Center
Mon - Thurs	Occupational Therapy	9:00AM-3:00PM	JBMAO Stroke Center
Tues & Thurs	Chair Exercise	11:00AM-12:00PM	JBMAO Stroke Center
Special Interest			
DATE	EVENT	TIME	LOCATION
Mon - Thurs	Start Smart Soccer	5:15PM - 6:00PM	Calas Park
Tue & Thurs	Fit Happens	6:15PM - 7:00PM	Community Center