



# PROGRAMS-AT-A-GLANCE

## APRIL 2023

3/23/2023



SPECIAL EVENTS			
DATE	EVENT	TIME	LOCATION
7	Nate Riddick Volunteer Banquet	6pm	Carson Event Center
15	Earth Day Kids Fest	Noon - 4pm	Dolphin Park
22	Autism Awareness 5k Run/Walk	7am - 10am	CSUDH
MEETINGS			
5	Dominguez Park Volunteer Association Meeting	7pm	Dominguez Park
11	T-Ball/Softball/Baseball Coaches Meeting	6:30pm	Foisia Park
12	Foisia Park T-Ball/Softball/Baseball Parent Meeting	6pm	Via Zoom
18	Sandlot/Rookie Parent Meeting	6pm	Carriage Crest Park
19	1A-3A Parent Meeting	6pm	Carriage Crest Park
22	Dolphin Park Volunteer Association Meeting	7pm	Dolphin Park
PARK EVENTS			
Every Day	Pickle Ball	8am - Noon	Hemingway Park
Mon/Thu	Strength & Conditioning Class	7pm - 8pm	Foisia Park
Tue/Thu	Amazing Games	5:30pm - 6:30pm	Hemingway Park
Tue/Thu	T-Ball/Baseball Clinic	6pm - 7pm	Del Amo Park
Tue/Thu	Adult Walking Club	6pm - 7pm	Mills Park
Wed/Fri	Adult Baseball	7pm - 10pm	Hemingway Park
Sat/Sun	Pickle Ball - Court 1 & 2	8am - 5pm	Hemingway Park
Mon/Wed/Thu	Boxing Fitness Intermediate (Ages 8 - 12)	4pm - 5pm	Foisia Park
Mon/Wed/Thu	Boxing Fitness Intermediate (Ages 13 - 17)	5pm - 6pm	Foisia Park
Mon/Wed/Fri	Open Game Room	4pm - 6pm	Dolphin Park
Mon/Tu/Wed/Thu	Aqua Aerobics / Lap Swim	7am - 8am	Carson Pool
Mon/Tu/Wed/Thu	Swim Conditioning	6:45pm - 7:45pm	Carson Pool
Mon/Tue/Wed/Fri	Pickle Ball - Court #2 Only	3pm - 9pm	Hemingway Park
Mondays	Outdoor Games	4pm - 5pm	Hemingway Park
Mondays	Crafty Club	5pm - 6pm	Veterans Park
Mondays	Ping Pong Pick-Up	5:30pm - 7:30pm	Dolphin Park
Mondays	Therapeutic Rec Basketball	6pm - 7:30pm	Foisia Park Gym
Mondays	Follow Along Drawing	6:30pm - 7:30pm	Veterans Park
Tuesdays	Creative Crafts	4pm - 5pm	Dolphin Park

Tuesdays	Math Class	4pm - 6pm	Veterans Park
Tuesdays	3 x 3 Basketball	5:30pm - 7pm	Dolphin Park
Tuesdays	Soccer Class	6pm - 7pm	Foisia Park
Tuesdays	Karate	Beginners: 6pm Advanced: 7pm	Foisia Park
Wednesdays	Pickle Ball Clinic/Games	4pm - 6pm	Dolphin Park
Wednesdays	T-Ball Spring Training	5:30pm - 6:45pm	Anderson Park
Wednesdays	Therapeutic Rec Bocci Ball	6pm - 7:30pm	Foisia Park Field
Wednesdays	Cooking/Baking	6:30pm - 7:30pm	Veterans Park
Thursdays	Pickle Ball - Court 1 & 2	3pm - 9pm	Hemingway Park
Thursdays	Spring Lawn Games	4pm - 5pm	Del Amo Park
Thursdays	Archery Basics	4pm - 5pm	Dolphin Park
Thursdays	Jr. Staff Meetings	6pm - 7pm	Dolphin Park
Fridays	Cooking Class	5pm - 6pm	Foisia Park
Fridays	Friday Night Gaming	5:30pm - 6:30pm	Hemingway Park
Fridays	Teen Club	6pm - 8pm	Foisia Park
Fridays	Teen Club	6:30pm - 8:00pm	Dolphin Park
Saturdays	Aqua Aerobics / Lap Swim	7:30am - 8:30am 8:45am - 9:45am	Carson Pool
Saturdays	Zumba	9am	Fabela Chavez Boxing Gym
Saturdays	Soccer Skills Clinic	10am - Noon	Dolphin Park
Saturdays	Voice and Drama Class	10am - Noon	Foisia Park
Saturdays	Recreational Swim	1:30pm - 3:30pm	Carson Pool
Sundays	Adult Baseball	8am - 5pm	Hemingway Park
1	Dominguez Park Basketball Awards Banquet	Noon - 4pm	Dominguez Park
3 - 6	Session 5 Swim Lessons	Various Times	Carson Pool
5	Mills Park Flashlight Egg Hunt	5:30pm - 8:30pm	Mills Park
5	Baseball/Softball Clinic	6pm - 7:30pm	Stevenson Park
6	Carriage Crest Park Spring Eggstravaganza Party	1pm - 3pm	Carriage Crest Park
6	Del Amo Park Spring Eggstravaganza Party	2pm - 5pm	Del Amo Park
7	Dolphin Park Spring Eggstravaganza Party	4pm - 6pm	Dolphin Park
7	Flashlight Egg Hunt	6:30pm - 8:30pm	Stevenson Park
7	Flashlight Eggstravaganza	6pm - 8pm	Hemingway Park
8	Carriage Crest Park Baseball/Softball Tryouts	9am - Noon	Carriage Crest Park
8	Calas Park Baseball/Softball Tryouts	10am	Calas Park
8	Spring Eggstravaganza Party	Noon - 2pm	Dominguez Park
8	Easter Egg Hunt	Noon - 3pm	Anderson Park
8	Carson Park Egg Hunt	Noon - 3pm	Carson Park

8	Veterans Park Basketball Banquet	Noon - 4pm	Veterans Park
8 - 29	Session 2 Saturday Swim Lessons	Various Times	Carson Pool
10 - 13	Session 6 Swim Lessons	Various Times	Carson Pool
13	Beginners Archery Class	5:30pm - 6:30pm	Stevenson Park
13	Kids Spring/Egg Hunt Party	6pm - 8pm	Foisia Park
14	Spelling Bee	6pm - 9pm	Foisia Park Gym
17 - 20	Session 7 Swim Lessons	Various Times	Carson Pool
21	Del Amo Park Basketball Awards Banquet	6pm	Round 1 Lakewood
24 - 27	Session 8 Swim Lessons	Various Times	Carson Pool
28	Mario Kart Tournament	5:30pm - 8pm	Hemingway Park
28	Spaghetti Dinner/Coaches Meet & Greet Night	6pm - 9pm	Carriage Crest Park
29	Cinco de Mayo Cheer Clinic	9am - Noon	Carson Park

**For more information, please call your local park or the Recreation Division at (310) 847-3570.**

**\*Please note: dates/times/locations/fees are subject to change without prior notice\***

## RECREATION DIVISION

<b>Anderson Park</b> A/Supervisor: Fred Sykes 19101 Wilmington Ave. Carson, CA 90746 (310) 603-9850	<b>Calas Park</b> Supervisor: Larry Failla 1000 E. 220th St. Carson, CA 90745 (310) 518-3565	<b>Carriage Cresk Park (CCPK)</b> Supervisor: Carolyn Pele 23800 S. Figueroa St. Carson, CA 90745 (310) 830-5601
<b>Carson Park</b> Supervisor: Cristina Herrera 21411 S. Orrick Ave. Carson, CA 90745 (310) 830-4925	<b>Del Amo Park</b> Supervisor: Aundrea "Peach" Rockhold 703 E. Del Amo Blvd. Carson, CA 90746 (310) 329-7717	<b>Dolphin Park</b> Supervisor: Pat Camacho 21205 Water St. Carson, CA 90745 (310) 549-4560
<b>Dominguez Park</b> Supervisor: Nick Reyes 21330 Santa Fe Ave. Carson, CA 90810 (310) 549-3962	<b>Foisia Park &amp; Fabela Chazez Boxing Center (FCBC)</b> Supervisor: Janny Noa 23410 Catskill Ave. Carson, CA 90745 (310) 830-8310 (Park) (310) 830-6439 (Boxing Center)	<b>Friendship Mini Park</b> Supervisor: Pat Camacho 21930 S. Water St. Carson, CA 90745 (310) 549-4560
<b>Hemingway Park</b> Supervisor: Gwen Whitaker 700 E. Gardena Blvd. Carson, CA 90746 (310) 538-0018	<b>Mills Park</b> Supervisor: Migdalia "Mickie" Sanchez 1340 E. Domindale Dr. Carson, CA 90746 (310) 631-3130	<b>Perry Street Mini Park</b> Supervisor: Larry Failla 215th & Perry St. Carson, CA 90745
<b>Reflection Mini Park</b> Supervisor: Cristina Herrera 21208 Shearer Ave. Carson, CA 90745	<b>Stevenson Park</b> Supervisor: Howard "AJ" Johnson 17400 Lysander Dr. Carson, CA 90746 (310) 631-2252	<b>Veterans Park</b> Supervisor: Isaac Gardner 22400 Moneta Ave. Carson, CA 90745 (310) 830-9997
<b>Veterans SportsComplex (VSPC)</b> Supervisor: Kenny Harris 22400 Moneta Ave. Carson, CA 90745 (310) 830-9992	<b>Walnut Mini Park</b> Supervisor: Gwen Whitaker 440 E. Walnut St. Carson, CA 90746	<b>Enrichment Program</b> Supervisor: Karen Ruan (310) 631-2252 or (310) 847-3570
<b>Aquatics</b> Supervisor: Jonathan Nery General Line: (310) 816-9381  <b>Foisia Pool</b> 23410 Catskill Ave. Carson, CA 90745 (310) 549-9051 <a href="mailto:foisiapl@carsonca.gov">foisiapl@carsonca.gov</a>	<b>Carson Pool</b> 21436 S. Main St. Carson, CA 90745 (310) 830-1053 <a href="mailto:carsonpl@carsonca.gov">carsonpl@carsonca.gov</a>  <b>Hemingway Aquatic Center (HAC)</b> 16605 S. San Pedro Carson, CA 90746 (310) 324-2515 <a href="mailto:hac@carsonca.gov">hac@carsonca.gov</a>	<b>Dominguez Aquatic Center (DAC)</b> 21330 Santa Fe Ave. Carson, CA 90810 (310) 830-2391 <a href="mailto:dac@carsonca.gov">dac@carsonca.gov</a>
<b>Corporate Yard</b> 18601 S. Main St. Carson, CA 90248 (310) 847-3570	<b>City Hall</b> 701 E. Carson St. Carson, CA 90745 (310) 830-7600	<b>Carson Event Center</b> 801 E. Carson St. Carson, CA 90745 (310) 835-0212



## Human Services Spotlight of Events for March 2023

Commission Meetings			
DATE	COMMISSION	TIME	LOCATION
3/13/2023	Senior Citizens Advisory	4:00 PM	Community Center-Rm 111
Senior Assisted Living/Information and Referral			
DATE	EVENT	TIME	LOCATION
Every other Mon	Kinship Care Support Group	10:30am-11:30am	JMMCC Room 111
Wednesdays	Beyond The Grief Group	12:00pm-1:00pm	JMMCC Room 111
Wednesdays	Good Grief- Bereavement Support	10:30am-11:30am	JMMCC Room 111
Monday 3/13	LA Regional Food Bank	7:00am-1:00pm	JMMCC East Parking Lot
Wednesday 3/1	Housing Rights Center Walk in clinic	11:00am-1:00pm	JMMCC Room 107
Thurs. 3/2 & 3/16	Caregiver Support Group	11:00am-12:00pm	JMMCC Room 111
Tuesdays	Senior Share Storytelling	3:00pm-4:30pm	JMMCC Room 132
Therapeutic Recreation			
DATE	EVENT	TIME	LOCATION
Mondays	Skill Builders OT	4:00pm – 6:00pm	Carson Event Center
Wednesdays	Virtual/In-Person Hip Hop Step	4:00pm – 5:00pm	Carson Event Center
Thursdays	Arts & Crafts	5:00pm-6:00pm	Carson Event Center
Fridays	Adult Day Club	10:00am-1:00pm	Carson Event Center
Senior Recreation			
DATE	EVENT	TIME	LOCATION
Tue	Virtual Functional Fitness	9:30 a.m. – 10:30 a.m.	Zoom - Online
Thurs	Virtual Yoga	9:30 a.m. – 10:30 a.m.	Zoom - Online
Mon	Yoga	8:30 a.m. -9:30 a.m.	Stevenson Park
Mon	Hula Hoop Fitness	10:00 a.m. – 11:00 a.m.	Carson Park
Mon-Fri	Open Fitness Room	8:30 a.m. - 11:30 a.m.	Carson Park
Mon-Thurs	Open Basketball	10:45 a.m. - 11:45 a.m.	Carson Park
Tue	Zumba Gold	8:30 a.m. – 9:30 a.m.	Carson Park
T/TH	Zumba	9:30 a.m. – 10:30 a.m.	Carson Park
Wed	Functional Fitness	8:30 a.m. – 9:30 a.m.	Carson Park
Wed	Yoga	9:30 a.m. – 10:30 a.m.	Carson Park
Thurs	Line Dance	8:30 a.m. - 9:30 a.m.	Carson Park
Thurs	Zumba	9:30 a.m. – 10:30 a.m.	Carson Park
Fri	Line Dance	10:30 a.m. – 11:45 a.m.	Stevenson Park
M/W/F	Open Fitness Room	8:00 a.m. – 11:30 a.m.	Stevenson Park
Fri	Country Line Dance	8:30 a.m. – 11:45 a.m.	Carson Park
Mon-Fri	Open Fitness Room	8:00 a.m. -10:30 a.m.	Foisia Park
Mon-Fri	Chess	8:30 a.m. - 10:30 a.m.	Foisia Park
Mon-Fri	Open Basketball	8:00 a.m. – 10:30 a.m.	Foisia Park
Wed	Swinging 50's Club	10:00 a.m. - 2:00 p.m.	Dominguez Park
Tue & Thur	Bingo for Fun	11:00 a.m. - 2:00 p.m.	Carson Center
Early Childhood			
DATE	EVENT	TIME	LOCATION
3/15/2023	Graduation Pictures	8:30 a.m. - 11:00 a.m.	Carson Event Center
Stroke Center			
DATE	EVENT	TIME	LOCATION
Mondays	Occupational Therapy	9:00AM-3:00PM	JBJMAO Stroke Center
Mon - Thurs	Equipment Exercise	9:00AM-3:00PM	JBJMAO Stroke Center
Tues & Thurs	Chair Exercise	11:00AM-12:00PM	Carson Event Center
Wednesdays	Chair Volleyball	11:30AM - 1:00PM	Carson Event Center
Special Interest			
DATE	EVENT	TIME	LOCATION
Mon - Thurs	Start Smart Basketball	5:15PM - 6:00PM	Carson Park
Tue & Thurs	Fit Happens - ON HIATUS	6:15PM - 7:00PM	Community Center
Special Events			
DATE	EVENT	TIME	LOCATION
Youth and Family Services/P&A Grant			
DATE	EVENT	TIME	LOCATION
Mondays	Crafty Club	5:00 PM -7:00 PM	Veterans Park
Tuesdays	Stronger Together (Ladies group)	5:00 PM - 6:00 PM	Community Center
TBD	Nurturing Fatherhood Program	TBD	TBD
Tue & Thur	CETG 2.0 food deliveries	9-11 AM	Community Center
TBD	Girls Empowerment Group	TBD	TBD