



PREVENTION AND AFTERCARE GRANT PROGRAMS

January 14, 2020

JENICE DEGUZMAN

Recreation Coordinator/Family Coach

(310) 847-3584

Purpose

Provide an **integrated continuum** of culturally responsive, strength-based services through a **comprehensive**, family centered and **community oriented** resource directed approach to vulnerable children and families in LA county.

Components

- FAMILY DEVELOPMENT COACHING
- SOCIAL CONNECTION GROUPS
- SPECIALIZED TRAINING

Funding

- South Bay Center for Counseling (SBCC) has a prime Contract with the Department of Children and Family Services (DCFS)
- SBCC has sub-contracted and partnered with City of Carson for over 10 years
- New fiscal year 2019-20 budget: \$60,000 grant

Family Development Coach: Jenice Deguzman

- Part-Time Recreation Coordinator for over 18 years with the city.
- Oversees SBCC grants for the past 12 years.
- Has required BA in Psychology and is currently working on Masters in Psychology.
- Attends specialized and certified trainings.
- Loves working with families and helping them get to a safe, secure, stable and happy place in their lives.

Braided Strategies

Access to Resources and Referrals

- Community Based Doulas
- Counseling
- Food Banks
- GED & ESL Classes
- Preschool Without Walls
- Street Craft
- WIC
- Yoga and Zumba
- Other city, community partners, and faith based organization resources

Decrease Social Isolation

- Community Gardens
- Family Support Collaboration Partners
- Local Associations
- Neighborhood Action Councils
- Social Connection Groups

Economic Development Opportunities

- Access to Banking
- Credit Repair
- Community Gardens and Café
- Economic Coaching
- Lending Circles
- Tax Preparation
- Vin # Project
- Worker Co-Ops

Family Development Coaching Referrals

Where:

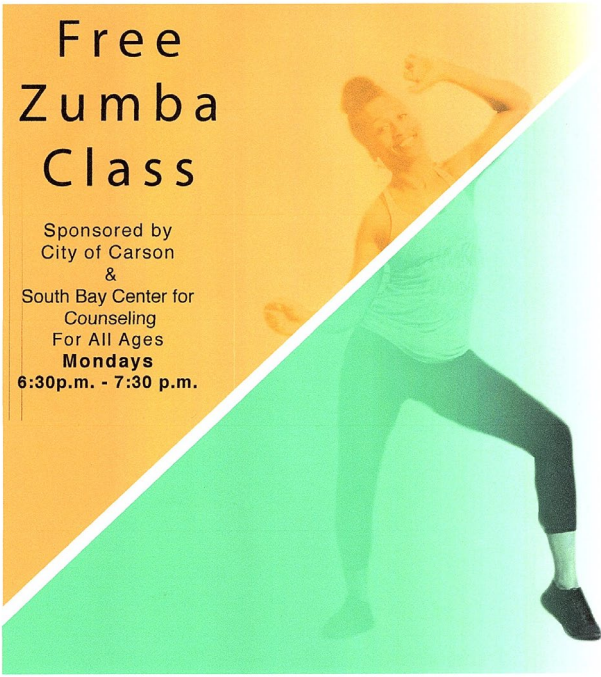
- Self-Referrals
- DCFS Referrals
- Harbor UCLA Medical HUB
- Other Community Partners/Organizations

Participation Includes:

- Weekly contact with Family Coach
- Goal setting
- Resource referrals
- Support
- Progress monitoring

Free Zumba Class

Sponsored by
City of Carson
&
South Bay Center for
Counseling
For All Ages
Mondays
6:30p.m. - 7:30 p.m.



Veterans Park

22400 Moneta Avenue, Carson, CA 90745

For more information please contact,
Jenice Deguzman at (310) 847-3584 or Veterans Park at (310) 830-9993
recreation.carson.ca.us • Like us on facebook! CITY OF CARSON PARKS AND RECREATION
Recreation and Human Services




SOCIAL CONNECTION GROUPS

ZUMBA

LETS GET IN SHAPE!

City of Carson
Free Yoga Class




All ages welcome
Men & Women

Tuesdays
6:30-7:30 p.m.

Carson Park
21411 Orrick Ave., Carson, CA 90745
(310) 830-4925

For more information, please contact
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Recreation and Human Services
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YOGA

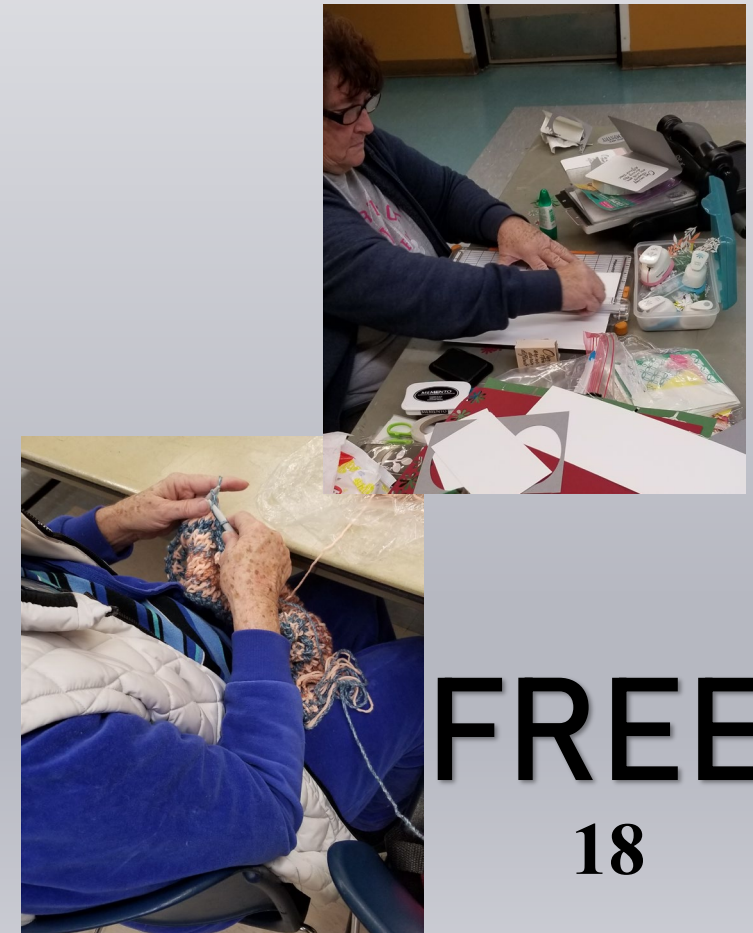
CRAFTY CLUB



MONDAYS
6:30-8:30 PM
VETERANS PARK



AGES
18 & UP



FREE
18

GARDEN GROUP WEDNESDAYS AFTER SCHOOL



MAINTAINING
TREES &
SHRUBS

BUILDING



GRAPE HARVEST TIME



SATURDAY
COMMUNITY
CLEAN-UPS

MOVIE NIGHTS





Average Served

Activity	Average Served
Family Coaching	70 families
Referrals	80 families
Yoga	25 attendees
Zumba	15 attendees
Crafts	14 attendees
Community Garden	20 attendees

Few Testimonials

- “I have been guided to programs to help me cope and become a better parent to my son.”
- “Thanks to my family coach Jenice, I am no longer feeling worthless, helpless, and most importantly, alone.”
- “We have all become teachers who are willing to help each other learn different crafts. We laugh, cry and share our lives with each other.”
- “The Afterschool Garden group has been a great time, a great community help and an amazing way to bond with people you know and meet new people.”