

PREVENTION AND AFTERCARE GRANT PROGRAMS

January 14, 2020

JENICE DEGUZMAN

Recreation Coordinator/Family Coach

(310) 847-3584

Purpose

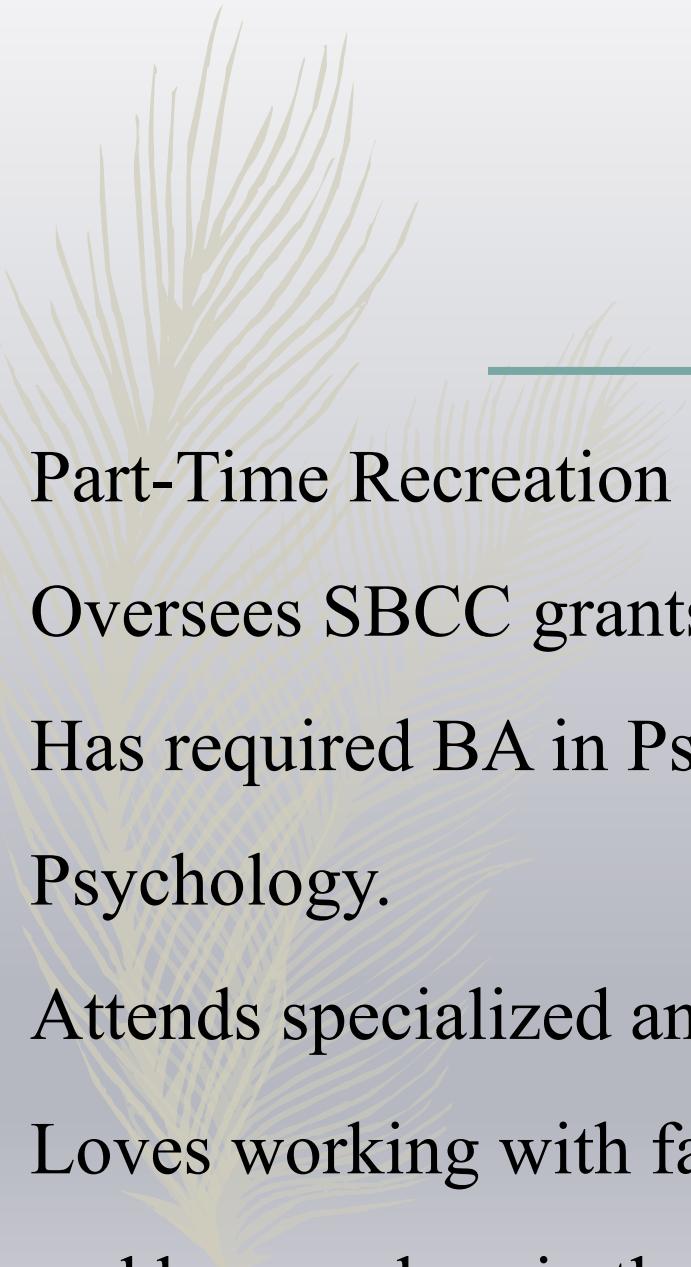
Provide an integrated continuum of culturally responsive, strength-based services through a comprehensive, family centered and community oriented resource directed approach to vulnerable children and families in LA county.

Components

- FAMILY DEVELOPMENT COACHING
- SOCIAL CONNECTION GROUPS
- SPECIALIZED TRAINING

Funding

- South Bay Center for Counseling (SBCC) has a prime Contract with the Department of Children and Family Services (DCFS)
- SBCC has sub-contracted and partnered with City of Carson for over 10 years
- New fiscal year 2019-20 budget: \$60,000 grant



Family Development Coach: Jenice Deguzman

- Part-Time Recreation Coordinator for over 18 years with the city.
- Oversees SBCC grants for the past 12 years.
- Has required BA in Psychology and is currently working on Masters in Psychology.
- Attends specialized and certified trainings.
- Loves working with families and helping them get to a safe, secure, stable and happy place in their lives.



Braided Strategies

Access to Resources and Referrals

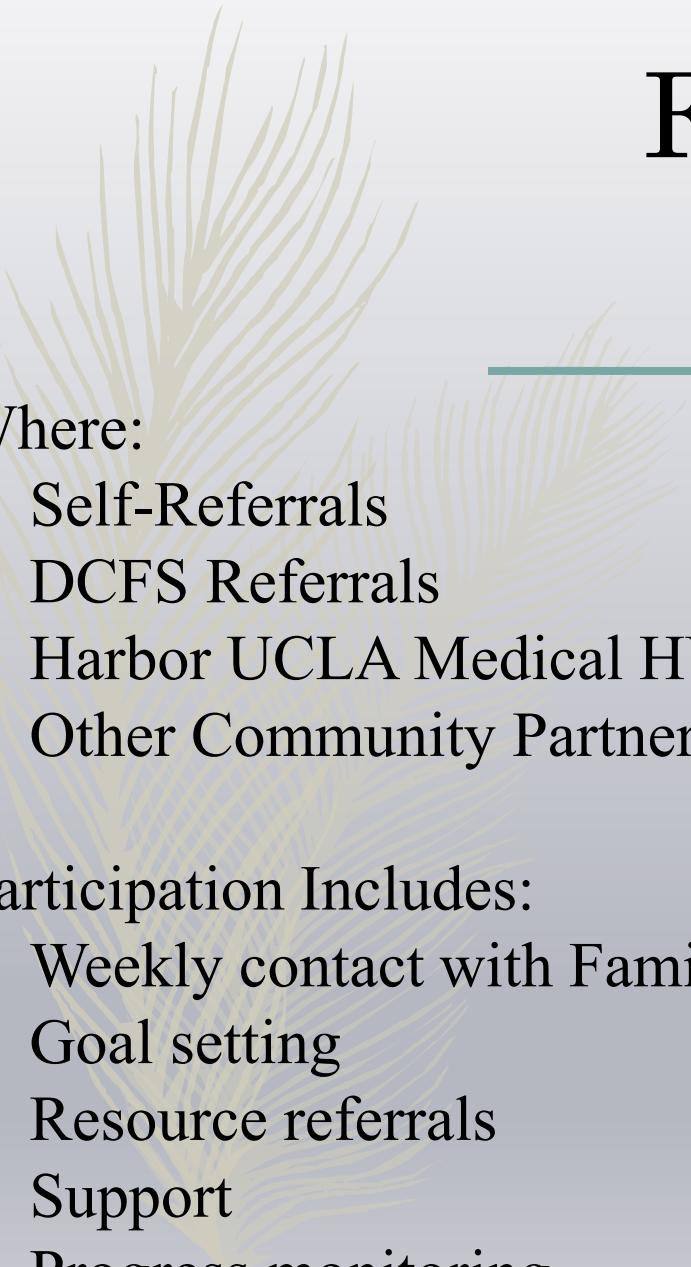
- Community Based Doulas
- Counseling
- Food Banks
- GED & ESL Classes
- Preschool Without Walls
- Street Craft
- WIC
- Yoga and Zumba
- Other city, community partners, and faith based organization resources

Decrease Social Isolation

- Community Gardens
- Family Support Collaboration Partners
- Local Associations
- Neighborhood Action Councils
- Social Connection Groups

Economic Development Opportunities

- Access to Banking
- Credit Repair
- Community Gardens and Café
- Economic Coaching
- Lending Circles
- Tax Preparation
- Vin # Project
- Worker Co-Ops



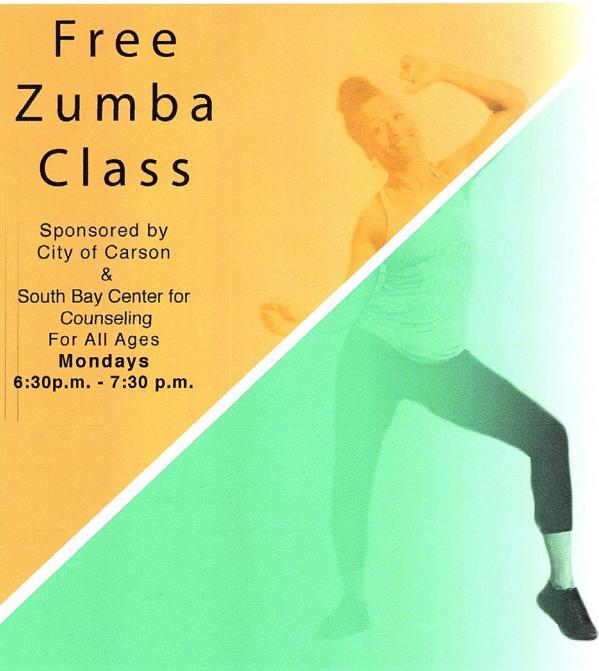
Family Development Coaching Referrals

Where:

- Self-Referrals
- DCFS Referrals
- Harbor UCLA Medical HUB
- Other Community Partners/Organizations

Participation Includes:

- Weekly contact with Family Coach
- Goal setting
- Resource referrals
- Support
- Progress monitoring

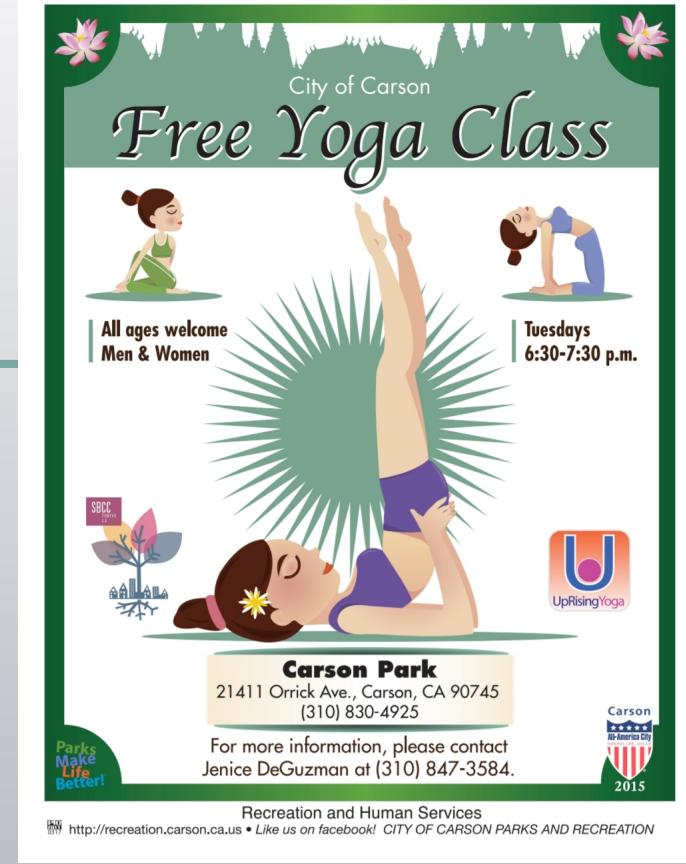


SOCIAL CONNECTION GROUPS

ZUMBA

LETS GET IN SHAPE!

YOGA



CRAFTY CLUB



MONDAYS
6:30-8:30 PM
VETERANS PARK



AGES
18 & UP



FREE
18

GARDEN GROUP WEDNESDAYS AFTER SCHOOL



MAINTAINING
TREES &
SHRUBS

BUILDING



GRAPE HARVEST TIME



SATURDAY
COMMUNITY
CLEAN-UPS

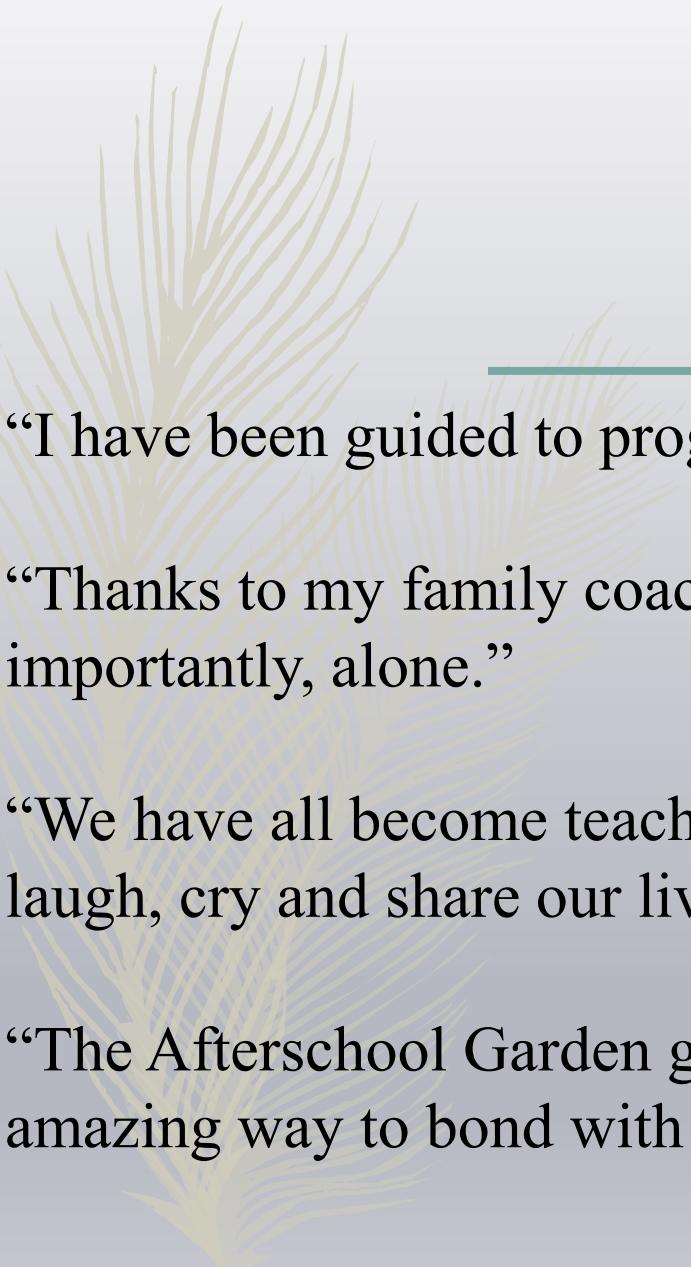
MOVIE NIGHTS





Average Served

Activity	Average Served
Family Coaching	70 families
Referrals	80 families
Yoga	25 attendees
Zumba	15 attendees
Crafts	14 attendees
Community Garden	20 attendees



Few Testimonials

- “I have been guided to programs to help me cope and become a better parent to my son.”
- “Thanks to my family coach Jenice, I am no longer feeling worthless, helpless, and most importantly, alone.”
- “We have all become teachers who are willing to help each other learn different crafts. We laugh, cry and share our lives with each other.”
- “The Afterschool Garden group has been a great time, a great community help and an amazing way to bond with people you know and meet new people.”