



PROGRAMS-AT-A-GLANCE

JULY 2023

6/22/2023



SPECIAL EVENTS			
DATE	EVENT	TIME	LOCATION
29	55th Anniversary Street Fair (between Bonita and Civic Center Dr.)	Noon - 8pm	Carson Street
MEETINGS			
5	Dominguez Park Volunteer Association Meeting	7pm	Dominguez Park
6	Fabela Chavez Boxing Volunteer Association Meeting	6pm	Foisia Park
9	Fleet Reserve Meeting	1pm - 3pm	Veterans Park
11	Foisia Park Volunteer Association Meeting	6pm	Foisia Park
11	Calas Park Volunteer Association Board Meeting	6:30pm	Calas Park
12	Samoan Heritage Day Recap Meeting	6:30pm	Foisia Park
17	Veterans Affairs Commission Meeting	6pm	Veterans Park
19	Dolphin Park Volunteer Association Meeting	7pm	Dolphin Park
25	Calas Park Volunteer Association General Meeting	6:30pm	Calas Park
PARK EVENTS			
Every Day	Pickle Ball	8am - 9pm	Hemingway Park
Everyday	Open Game Room	Noon - 4pm	Dolphin Park
Mon-Thu	Night Recreational Swim	6:15pm - 7:45pm	All Pools
Tue-Sat	JMF Summer Run Basketball Program	6pm - 9pm	Foisia Park
Mon/Tue/Thu	Aqua Aerobics	7:30am - 8:30am	HAC
Mon/Wed/Thu	Boxing Fitness Intermediate (Ages 8 - 12)	4pm - 5pm	Foisia Park
Mon/Wed/Thu	Boxing Fitness Intermediate (Ages 13 - 17)	5pm - 6pm	Foisia Park
Mon/Wed/Fri	Summer Teen Club	1pm - 4pm	Veterans Park
Mon/Wed	Recreational Swim	1:15pm - 2:45pm	Carson Pool / DAC
Mon/Wed	Wacky Games	4pm - 5pm	Hemingway Park
Mon/Wed	Play Time	5:30pm - 6:30pm	Hemingway Park
Mon/Thu	Big Fun Games	3pm	Del Amo Park
Mon/Thu	Strength & Conditioning Class	7pm - 8pm	Foisia Park
Tue/Thu	Recreational Swim	1:15pm - 2:45pm	Foisia Pool / HAC
Tue/Thu	Tag Out	5:30pm - 6:30pm	Hemingway Park
Wed/Fri	Adult Baseball	7pm - 10pm	Hemingway Park
Sat/Sun	Pickle Ball	8am - 5pm	Hemingway Park
Mondays	Volleyball Pick Up	4pm - 6pm	Dolphin Park
Mondays	Baking Class	5pm	Foisia Park

Mondays	Crafty Club	5pm - 7pm	Veterans Park
Tuesdays	Archery Basics	2pm - 3pm	Dolphin Park
Tuesdays	Cooking Class	3pm	Foisia Park
Tuesdays	Skills and Drills	4pm	Mills Park
Tuesdays	3 x 3 Basketball	5:30pm - 7pm	Dolphin Park
Tuesdays	Karate	Beginners: 6pm Advanced: 7pm	Foisia Park
Tuesdays	Soccer Class	6:30pm	Foisia Park
Wednesdays	Treats in a Snap	1pm	Del Amo Park
Wednesdays	Whiffle Ball Wednesdays	2pm - 4pm	Dolphin Park
Wednesdays	Girls Empowerment	5pm - 6pm	Veterans Park
Wednesdays	Flag Football Clinic	6pm	Del Amo Park
Wednesdays	Walking Class	6pm	Foisia Park
Thursdays	Jr. Teen Club	2pm - 3pm	Mills Park
Thursdays	Creative Arts Workshop	4pm - 5pm	Dolphin Park
Thursdays	Jr. Staff Meetings	6pm - 6:30pm	Dolphin Park
Thursdays	Video Game Time	6:30pm - 8pm	Dolphin Park
Fridays	Ping Pong Pickup	Noon - 2pm	Dolphin Park
Fridays	Let's Get Creative	4pm - 5pm	Hemingway Park
Fridays	Arts n Crafts	4pm - 5pm	Veterans Park
Fridays	Friday Night Gaming	5:30pm - 6:30pm	Hemingway Park
Fridays	Teen Club	6:30pm - 8pm	Dolphin Park
Fridays	Volleyball Class	7pm	Foisia Park
Saturdays	Zumba	9am	Fabela Chavez Boxing Gym
Saturdays	Pickle Ball Pickup	Noon - 2pm	Dolphin Park
Saturdays	Saturday Games	1pm - 2pm	Hemingway Park
Saturdays	Saturday Recreational Swim	1:15pm - 2:45pm	Carson Pool / DAC
Saturdays	Soccer Skills Clinic	2pm - 4pm	Dolphin Park
Sundays	Adult Baseball	8am - 5pm	Hemingway Park
3 - 6	AM Swimming Lessons (Mon-Thu)	8am - 12:50pm	Various Locations
3 - 6	PM Swimming Lessons (Mon-Thu)	3pm - 5:50pm	Various Locations
3 - 31	Lap Swimming	Various Times	Various Pools
3 - 31	Junior Lifeguards	3pm - 4:30pm	Foisia Pool/DAC/HAC
3 - 31	Mini Guards	3pm - 4:30pm	Foisia Pool/DAC/HAC
3 - 31	Tigershark Swim Team (Mon-Thu)	4:45pm - 6:15pm	Foisia Pool
7 - 8	Family Campout	5pm - 8am	Carson Park
7 - 8	Overnight Camping	5pm - Noon	Foisia Park
10 - 13	AM Swimming Lessons (Mon-Thu)	8am - 12:50pm	Various Locations
10 - 13	PM Swimming Lessons (Mon-Thu)	3pm - 5:50pm	Various Locations

12	Cooking Class with Chef T. Jackson	6pm - 8:30pm	Anderson Park
13	Adult Yoga Class	7pm - 8pm	Anderson Park
14	Movies in the Park	6pm - 9pm	Veterans Park
14	Movie in the Park	7pm	Dominguez Park
15	Carriage Crest Park Baseball/Softball/T-Ball Banquet	Noon - 5pm	Carriage Crest Park
15	Over the Line Tournament	1pm - 3pm	Calas Park
16	Del Amo Park - Youth Sports Awards Banquet	1pm	Hemingway AC
17 - 20	AM Swimming Lessons (Mon-Thu)	8am - 12:50pm	Various Locations
17 - 20	PM Swimming Lessons (Mon-Thu)	3pm - 5:50pm	Various Locations
21	Rookie Championship	6pm - 7pm	Carson Park
21	Movie Night in the Park	6pm - 9pm	Carriage Crest Park
21	Coaches vs. Staff	7pm - 9pm	Carson Park
22	Carson Park - Baseball/Softball/T-Ball Banquet	2pm - 6pm	Carson Park
24 - 27	AM Swimming Lessons (Mon-Thu)	8am - 12:50pm	Various Locations
24 - 27	PM Swimming Lessons (Mon-Thu)	3pm - 5:50pm	Various Locations
31 - 8/8	Summer Classic Baseball Tournament	5pm - 8pm	Stevenson Park

For more information, please call your local park or the Recreation Division at (310) 847-3570.

Please note: dates/times/locations/fees are subject to change without prior notice

RECREATION DIVISION

Anderson Park A/Supervisor: Angel Zamora 19101 Wilmington Ave. Carson, CA 90746 (310) 603-9850	Calas Park Supervisor: Larry Failla 1000 E. 220th St. Carson, CA 90745 (310) 518-3565	Carriage Cresk Park (CCPK) Supervisor: Carolyn Pele 23800 S. Figueroa St. Carson, CA 90745 (310) 830-5601
Carson Park Supervisor: Cristina Herrera 21411 S. Orrick Ave. Carson, CA 90745 (310) 830-4925	Del Amo Park Supervisor: Aundrea "Peach" Rockhold 703 E. Del Amo Blvd. Carson, CA 90746 (310) 329-7717	Dolphin Park Supervisor: Pat Camacho 21205 Water St. Carson, CA 90745 (310) 549-4560
Dominguez Park Supervisor: Nick Reyes 21330 Santa Fe Ave. Carson, CA 90810 (310) 549-3962	Foisia Park & Fabela Chazez Boxing Center (FCBC) Supervisor: Janny Noa 23410 Catskill Ave. Carson, CA 90745 (310) 830-8310 (Park) (310) 830-6439 (Boxing Center)	Friendship Mini Park Supervisor: Pat Camacho 21930 S. Water St. Carson, CA 90745 (310) 549-4560
Hemingway Park Supervisor: Gwen Whitaker 700 E. Gardena Blvd. Carson, CA 90746 (310) 538-0018	Mills Park Supervisor: Migdalia "Mickie" Sanchez 1340 E. Domindale Dr. Carson, CA 90746 (310) 631-3130	Perry Street Mini Park Supervisor: Larry Failla 215th & Perry St. Carson, CA 90745
Reflection Mini Park Supervisor: Cristina Herrera 21208 Shearer Ave. Carson, CA 90745	Stevenson Park Supervisor: Howard "AJ" Johnson 17400 Lysander Dr. Carson, CA 90746 (310) 631-2252	Veterans Park Supervisor: Isaac Gardner 22400 Moneta Ave. Carson, CA 90745 (310) 830-9997
Veterans SportsComplex (VSPC) Supervisor: Kenny Harris 22400 Moneta Ave. Carson, CA 90745 (310) 830-9992	Walnut Mini Park Supervisor: Gwen Whitaker 440 E. Walnut St. Carson, CA 90746	Enrichment Program Supervisor: Karen Ruan (310) 631-2252 or (310) 847-3570
Aquatics Supervisor: Jonathan Nery General Line: (310) 816-9381 Foisia Pool 23410 Catskill Ave. Carson, CA 90745 (310) 549-9051 foisiapl@carsonca.gov	Carson Pool 21436 S. Main St. Carson, CA 90745 (310) 830-1053 carsonpl@carsonca.gov Hemingway Aquatic Center (HAC) 16605 S. San Pedro Carson, CA 90746 (310) 324-2515 hac@carsonca.gov	Dominguez Aquatic Center (DAC) 21330 Santa Fe Ave. Carson, CA 90810 (310) 830-2391 dac@carsonca.gov
Corporate Yard 18601 S. Main St. Carson, CA 90248 (310) 847-3570	City Hall 701 E. Carson St. Carson, CA 90745 (310) 830-7600	Carson Event Center 801 E. Carson St. Carson, CA 90745 (310) 835-0212



Human Services Spotlight of Events for June 2023

Commission Meetings			
DATE	COMMISSION	TIME	LOCATION
6/12/2023	Senior Citizens Advisory	4:00 PM	Community Center-Rm 111
Senior Assisted Living/Information and Referral			
DATE	EVENT	TIME	LOCATION
Every other Mon	Kinship Care Support Group	10:30am-11:30am	JMMCC Room 111
Wednesdays	Beyond The Grief Group	12:00pm-1:00pm	JMMCC Room 111
Wednesdays	Good Grief- Bereavement Support	10:30am-11:30am	JMMCC Room 111
Monday 5/8	LA Regional Food Bank	7:00am-1:00pm	JMMCC East Parking Lot
1st Wed. Every Mo.	Housing Rights Center Walk in clinic	11:00am-1:00pm	JMMCC Room 107
1st & 3rd Thurs.	Caregiver Support Group	11:00am-12:00pm	JMMCC Room 111
Tuesdays	Senior Share Storytelling	3:00pm-4:30pm	JMMCC Room 132
Therapeutic Recreation			
DATE	EVENT	TIME	LOCATION
Mondays	Basketball	6:00pm – 7:30pm	Foisia Park
Tuesdays	Track and Field	6:00pm – 7:30pm	Rancho Dominguez Prep School
Wednesdays	Bocce	6:00pm – 7:30pm	Foisia Park
Thursdays	Arts & Crafts	5:00pm-6:00pm	Carson Event Center
Senior Recreation			
DATE	EVENT	TIME	LOCATION
Tue	Virtual Functional Fitness	9:30 a.m. – 10:30 a.m.	Zoom - Online
Thurs	Virtual Yoga	9:30 a.m. – 10:30 a.m.	Zoom - Online
Mon	Yoga	8:30 a.m. -9:30 a.m.	Stevenson Park
Mon	Hula Hoop Fitness	10:00 a.m. – 11:00 a.m.	Carson Park
Mon-Fri	Open Fitness Room	8:30 a.m. - 11:30 a.m.	Carson Park
Mon-Thurs	Open Basketball	10:45 a.m. - 11:45 a.m.	Carson Park
Tue	Zumba Gold	8:30 a.m. – 9:30 a.m.	Carson Park
T/TH	Zumba	9:30 a.m. – 10:30 a.m.	Carson Park
Wed	Functional Fitness	8:30 a.m. – 9:30 a.m.	Carson Park
Wed	Yoga	9:30 a.m. – 10:30 a.m.	Carson Park
Thurs	Line Dance	8:30 a.m. - 9:30 a.m.	Carson Park
Thurs	Zumba	9:30 a.m. – 10:30 a.m.	Carson Park
Fri	Line Dance	10:30 a.m. – 11:45 a.m.	Stevenson Park
M/W/F	Open Fitness Room	8:00 a.m. – 11:30 a.m.	Stevenson Park
Fri	Country Line Dance	8:30 a.m. – 11:45 a.m.	Carson Park
Mon-Fri	Open Fitness Room	8:00 a.m. -10:30 a.m.	Foisia Park
Mon-Fri	Chess	8:30 a.m. - 10:30 a.m.	Foisia Park
Mon-Fri	Open Basketball	8:00 a.m. – 10:30 a.m.	Foisia Park
Wed	Swinging 50's Club	10:00 a.m. - 2:00 p.m.	Dominguez Park
Tue & Fri	Needle Craft	9:00 a.m. - 11:00 a.m.	Carson Center
Mon	Music Makers	9:30 a.m. - 11:30 a.m.	Carson Center
Tue	Salsa	10:00 a.m. - 11:00 a.m.	Carson Center
Thur	Body Balancing	9:30 a.m. - 10:30 a.m.	Carson Center
Thur	Table Games	1:00 p.m. - 4:00 p.m.	Carson Center
Tue	VIP Club Bingo	11:00 a.m. - 3:45 p.m.	Carson Center
Wed	TLC Club Bingo	11:00 a.m. - 3:45 p.m.	Carson Center
Thur	Jolly Club Bingo	11:00 a.m. - 3:45 p.m.	Carson Center
Early Childhood			
DATE	EVENT	TIME	LOCATION
6/13/2023	Graduation	9:00 a.m. - 10:00 a.m.	Carson Event Center
Stroke Center			
DATE	EVENT	TIME	LOCATION
Mondays	Occupational Therapy	9:00AM - 3:00PM	JBMAO Stroke Center
Mon - Thurs	Equipment Exercise	9:00AM - 3:00PM	JBMAO Stroke Center
1st & 3rd Tues	Loteria	1:00PM - 2:00PM	JBMAO Stroke Center
2nd & 4th Tues	Tables Games (Small)	1:00PM - 2:00PM	JBMAO Stroke Center
Tues & Thurs	Chair Exercise	11:00AM - 12:00PM	East Activity Room - CES
Wednesdays	Chair Volleyball	11:30AM - 1:00PM	East Activity Room - CES
1st & 3rd Thurs	Health & Fitness	1:00PM - 2:00PM	JBMAO Stroke Center
2nd Thurs.	Monthly Birthdays / Celebration	12:00PM - 1:30PM	JBMAO Stroke Center
4th Thurs.	Table Games (Big)	1:00PM - 2:00PM	JBMAO Stroke Center
Special Interest			
DATE	EVENT	TIME	LOCATION
Mon - Thurs	Start Smart T-ball	5:15PM - 6:00PM	Calas Park
Tues & Thurs	Fit Happens	6:15PM - 7:00PM	Carson Event Center
Special Events			
DATE	EVENT	TIME	LOCATION
Youth and Family Services/P&A Grant			
DATE	EVENT	TIME	LOCATION
Mondays	Crafty Club	5:00 PM - 7:00 PM	Veterans Park
Tuesdays	Stronger Together (Ladies group)	5:00 PM - 6:00 PM	Community Center
Tuesdays	Nurturing Fatherhood Program	6:30 PM - 8:30 PM	Anderson Park
Wednesdays	Girls Empowerment Group	5:00 PM - 6:00 PM	Veterans Park