



# PROGRAMS-AT-A-GLANCE

## MAY 2023

### 4/18/2023



SPECIAL EVENTS			
DATE	EVENT	TIME	LOCATION
6	Cinco de Mayo Celebration	11am - 4pm	Carson Park
19	55th Anniversary Golf Tournament	6am	Lakewood Country Club
25	Memorial Day Tribute	6pm	Carson Event Center
MEETINGS			
3, 17, 31	Samoan Heritage Day Planning Meeting	6pm	Foisia Park
3	Dominguez Park Volunteer Association Meeting	7pm	Dominguez Park
9	Fabela Chavez Boxing Volunteer Association Meeting	6pm	Foisia Park
9	Calas Park Volunteer Association Meeting	6:30pm	Calas Park
10	Philippine Independence Day Planning Meeting	4:30pm - 5:30pm	Veterans Park
16	Foisia Park Volunteer Association Meeting	6pm	Foisia Park
17	Philippine Independence Day Planning Meeting	4:30pm - 5:30pm	Veterans Park
17	Carriage Crest Park Volunteer Association Meeting	6pm	Carriage Crest Park
17	Dolphin Park Volunteer Association Meeting	7pm	Dolphin Park
18	American Legion Meeting	7pm - 8pm	Veterans Park
20	Juneteenth Planning Meeting	2pm	Mills Park
31	Philippine Independence Day Planning Meeting	4:30pm - 5:30pm	Veterans Park
PARK EVENTS			
Every Day	Pickle Ball	8am - Noon	Hemingway Park
Mon/Thu	T-Ball & Baseball Clinic	6pm - 7pm	Del Amo Park
Mon/Thu	Strength & Conditioning Class	7pm - 8pm	Foisia Park
Tue/Thu	Enrichment: Math	4pm - 6pm	Veterans Park
Tue/Thu	Amazing Games	5:30pm - 6:30pm	Hemingway Park
Wed/Fri	Cooking and Baking Class	6:30pm - 7:30pm	Veterans Park
Wed/Fri	Adult Baseball	7pm - 10pm	Hemingway Park
Sat/Sun	Pickle Ball - Court 1 & 2	8am - 5pm	Hemingway Park
Mon/Wed/Thu	Boxing Fitness Intermediate (Ages 8 - 12)	4pm - 5pm	Foisia Park
Mon/Wed/Thu	Boxing Fitness Intermediate (Ages 13 - 17)	5pm - 6pm	Foisia Park
Mon/Wed/Fri	Open Game Room	4pm - 6pm	Dolphin Park
Mon/Tue/Wed/Fri	Pickle Ball - Court #2 Only	3pm - 9pm	Hemingway Park
Mondays	Outdoor Games	4pm - 5pm	Hemingway Park

Mondays	Crafty Club	5pm - 7pm	Veterans Park
Mondays	Ping Pong Pick-Up	5:30pm - 7:30pm	Dolphin Park
Mondays	Therapeutic Rec Basketball	6pm - 7:30pm	Foisia Park Gym
Mondays	Follow Along Drawing	6:30pm - 7:30pm	Veterans Park
Tuesdays	3 x 3 Basketball	5:30pm - 7pm	Dolphin Park
Tuesdays	Karate	Beginners: 6pm Advanced: 7pm	Foisia Park
Tuesdays	Soccer Class	6pm - 7pm	Foisia Park
Wednesdays	Pickle Ball Clinic/Games	4pm - 6pm	Dolphin Park
Wednesdays	Over the Line	5pm - 6pm	Dolphin Park
Wednesdays	Therapeutic Rec Bocci Ball	6pm - 7:30pm	Foisia Park Field
Thursdays	Pickle Ball - Court 1 & 2	3pm - 9pm	Hemingway Park
Thursdays	Adult Stretching & Fitness (Ages 18+)	4pm - 5pm	Del Amo Park
Thursdays	Archery Basics	4pm - 5pm	Dolphin Park
Thursdays	Jr. Staff Meetings	6pm - 7pm	Dolphin Park
Fridays	Arts and Crafts	4pm - 5pm	Veterans Park
Fridays	Cooking Class	5pm - 6pm	Foisia Park
Fridays	Friday Night Gaming	5:30pm - 6:30pm	Hemingway Park
Fridays	Switching Gaming Class	6:30pm - 7:30pm	Veterans Park
Fridays	Teen Club	6:30pm - 8:00pm	Dolphin Park
Saturdays	Zumba	9am	Fabela Chavez Boxing Gym
Saturdays	Voice and Drama Class	10am - Noon	Foisia Park
Saturdays	Soccer Skills Clinic	2pm - 4pm	Dolphin Park
Sundays	Adult Baseball	8am - 5pm	Hemingway Park
1 - 4	Session 9 - Swim Lessons	Various Times	Carson Pool
1 - 11	Aqua Aerobics / Lap Swim (Mon-Thu)	7am - 8am	Carson Pool
1 - 11	Lap Swim	3:30pm / 4:30pm / 5:30pm	Carson Pool
1 - 11	Swim Conditioning (Mon-Thu)	6:45pm - 7:45pm	Carson Pool
2 - 4	New Parents NAYS Orientation Video	6pm	Foisia Park
3	Carson Park Cheer Clinic	6pm - 8pm	Carson Park
6	Veterans Park - Opening Day	TBA	Veterans Park
6	Carriage Crest Park - Opening Day	9am - 2pm	Carriage Crest Park
6	Dolphin Park - Opening Day	9am - 4pm	Dolphin Park
6	Del Amo Park - Opening Day	10am - 2pm	Del Amo Park
7	Dominguez Park - Pancake Breakfast Opening Day	8am - 10:30am	Dominguez Park
8 - 11	Session 10 - Swim Lessons	Various Times	Carson Pool
12	Stevenson Park - Opening Day	5:45pm - 8:30pm	Stevenson Park

13	Carson Park - Opening Day	8am - Noon	Carson Park
13	Foisia Park - Opening Day	8am - 1pm	Foisia Park
13	Calas Park - Opening Day	10am	Calas Park
14	Mother's Day Brunch	11am - 1pm	Hemingway Park
20	Hemingway Park - Opening Day	12pm	Hemingway Park
26	Teens Night Out - Gametime!	6pm - 9pm	Carriage Crest Park

**For more information, please call your local park or the Recreation Division at (310) 847-3570.**

**\*Please note: dates/times/locations/fees are subject to change without prior notice\***

## RECREATION DIVISION

<p><b>Anderson Park</b> A/Supervisor: Angel Zamora 19101 Wilmington Ave. Carson, CA 90746 (310) 603-9850</p>	<p><b>Calas Park</b> Supervisor: Larry Failla 1000 E. 220th St. Carson, CA 90745 (310) 518-3565</p>	<p><b>Carriage Cresk Park (CCPK)</b> Supervisor: Carolyn Pele 23800 S. Figueroa St. Carson, CA 90745 (310) 830-5601</p>
<p><b>Carson Park</b> Supervisor: Cristina Herrera 21411 S. Orrick Ave. Carson, CA 90745 (310) 830-4925</p>	<p><b>Del Amo Park</b> Supervisor: Aundrea "Peach" Rockhold 703 E. Del Amo Blvd. Carson, CA 90746 (310) 329-7717</p>	<p><b>Dolphin Park</b> Supervisor: Pat Camacho 21205 Water St. Carson, CA 90745 (310) 549-4560</p>
<p><b>Dominguez Park</b> Supervisor: Nick Reyes 21330 Santa Fe Ave. Carson, CA 90810 (310) 549-3962</p>	<p><b>Foisia Park &amp; Fabela Chazez Boxing Center (FCBC)</b> Supervisor: Janny Noa 23410 Catskill Ave. Carson, CA 90745 (310) 830-8310 (Park) (310) 830-6439 (Boxing Center)</p>	<p><b>Friendship Mini Park</b> Supervisor: Pat Camacho 21930 S. Water St. Carson, CA 90745 (310) 549-4560</p>
<p><b>Hemingway Park</b> Supervisor: Gwen Whitaker 700 E. Gardena Blvd. Carson, CA 90746 (310) 538-0018</p>	<p><b>Mills Park</b> Supervisor: Migdalia "Mickie" Sanchez 1340 E. Domindale Dr. Carson, CA 90746 (310) 631-3130</p>	<p><b>Perry Street Mini Park</b> Supervisor: Larry Failla 215th &amp; Perry St. Carson, CA 90745</p>
<p><b>Reflection Mini Park</b> Supervisor: Cristina Herrera 21208 Shearer Ave. Carson, CA 90745</p>	<p><b>Stevenson Park</b> Supervisor: Howard "AJ" Johnson 17400 Lysander Dr. Carson, CA 90746 (310) 631-2252</p>	<p><b>Veterans Park</b> Supervisor: Isaac Gardner 22400 Moneta Ave. Carson, CA 90745 (310) 830-9997</p>
<p><b>Veterans SportsComplex (VSPC)</b> Supervisor: Kenny Harris 22400 Moneta Ave. Carson, CA 90745 (310) 830-9992</p>	<p><b>Walnut Mini Park</b> Supervisor: Gwen Whitaker 440 E. Walnut St. Carson, CA 90746</p>	<p><b>Enrichment Program</b> Supervisor: Karen Ruan (310) 631-2252 or (310) 847-3570</p>
<p><b>Aquatics</b> Supervisor: Jonathan Nery General Line: (310) 816-9381</p> <p><b>Foisia Pool</b> 23410 Catskill Ave. Carson, CA 90745 (310) 549-9051 <a href="mailto:foisiapl@carsonca.gov">foisiapl@carsonca.gov</a></p>	<p><b>Carson Pool</b> 21436 S. Main St. Carson, CA 90745 (310) 830-1053 <a href="mailto:carsonpl@carsonca.gov">carsonpl@carsonca.gov</a></p> <p><b>Hemingway Aquatic Center (HAC)</b> 16605 S. San Pedro Carson, CA 90746 (310) 324-2515 <a href="mailto:hac@carsonca.gov">hac@carsonca.gov</a></p>	<p><b>Dominguez Aquatic Center (DAC)</b> 21330 Santa Fe Ave. Carson, CA 90810 (310) 830-2391 <a href="mailto:dac@carsonca.gov">dac@carsonca.gov</a></p>
<p><b>Corporate Yard</b> 18601 S. Main St. Carson, CA 90248 (310) 847-3570</p>	<p><b>City Hall</b> 701 E. Carson St. Carson, CA 90745 (310) 830-7600</p>	<p><b>Carson Event Center</b> 801 E. Carson St. Carson, CA 90745 (310) 835-0212</p>



## Human Services Spotlight of Events for April 2023

Commission Meetings			
DATE	COMMISSION	TIME	LOCATION
4/10/2023	Senior Citizens Advisory	4:00 PM	Community Center-Rm 111
Senior Assisted Living/Information and Referral			
DATE	EVENT	TIME	LOCATION
Every other Mon	Kinship Care Support Group	10:30am-11:30am	JMMCC Room 111
Wednesdays	Beyond The Grief Group	12:00pm-1:00pm	JMMCC Room 111
Wednesdays	Good Grief- Bereavement Support	10:30am-11:30am	JMMCC Room 111
Monday 4/10	LA Regional Food Bank	7:00am-1:00pm	JMMCC East Parking Lot
Wednesday 4/5	Housing Rights Center Walk in clinic	11:00am-1:00pm	JMMCC Room 107
Thurs. 4/6 & 4/20/23	Caregiver Support Group	11:00am-12:00pm	JMMCC Room 111
Tuesdays	Senior Share Storytelling	3:00pm-4:30pm	JMMCC Room 132
Therapeutic Recreation			
DATE	EVENT	TIME	LOCATION
Mondays	Skill Builders OT	4:00pm – 6:00pm	Carson Event Center
Mondays	Basketball	6:00pm – 7:30pm	Foisia Park
Tuesdays	Track and Field	6:00pm – 7:30pm	Rancho Dominguez Prep School
Wednesdays	Bocce	6:00pm – 7:30pm	Foisia Park
Thursdays	Arts & Crafts	5:00pm-6:00pm	Carson Event Center
4/22/2023	Autism Awareness 5K	7:00am - 10:00am	CSUDH
Senior Recreation			
DATE	EVENT	TIME	LOCATION
Tue	Virtual Functional Fitness	9:30 a.m. – 10:30 a.m.	Zoom - Online
Thurs	Virtual Yoga	9:30 a.m. – 10:30 a.m.	Zoom - Online
Mon	Yoga	8:30 a.m.-9:30 a.m.	Stevenson Park
Mon	Hula Hoop Fitness	10:00 a.m. – 11:00 a.m.	Carson Park
Mon-Fri	Open Fitness Room	8:30 a.m. - 11:30 a.m.	Carson Park
Mon-Thurs	Open Basketball	10:45 a.m. - 11:45 a.m.	Carson Park
Tue	Zumba Gold	8:30 a.m. – 9:30 a.m.	Carson Park
T/TH	Zumba	9:30 a.m. – 10:30 a.m.	Carson Park
Wed	Functional Fitness	8:30 a.m. – 9:30 a.m.	Carson Park
Wed	Yoga	9:30 a.m. – 10:30 a.m.	Carson Park
Thurs	Line Dance	8:30 a.m. - 9:30 a.m.	Carson Park
Thurs	Zumba	9:30 a.m. – 10:30 a.m.	Carson Park
Fri	Line Dance	10:30 a.m. – 11:45 a.m.	Stevenson Park
M/W/F	Open Fitness Room	8:00 a.m. – 11:30 a.m.	Stevenson Park
Fri	Country Line Dance	8:30 a.m. – 11:45 a.m.	Carson Park
Mon-Fri	Open Fitness Room	8:00 a.m. -10:30 a.m.	Foisia Park
Mon-Fri	Chess	8:30 a.m. - 10:30 a.m.	Foisia Park
Mon-Fri	Open Basketball	8:00 a.m. – 10:30 a.m.	Foisia Park
Wed	Swinging 50's Club	10:00 a.m. - 2:00 p.m.	Dominguez Park
Tue & Fri	Needle Craft	9:00 a.m. - 11:00 a.m.	Carson Center
Mon	Music Makers	9:30 a.m. - 11:30 a.m.	Carson Center
Tue	Salsa	10:00 a.m. - 11:00 a.m.	Carson Center
Thur	Tables Games	1:00 p.m. - 4:00 p.m.	Carson Center
Tue & Thur	Bingo for Fun	11:00 a.m. - 2:00 p.m.	Carson Center
Early Childhood			
DATE	EVENT	TIME	LOCATION
4/5/2023	Egg Hunt	9:30 a.m. - 10:00 a.m.	Carson Event Center
Stroke Center			
DATE	EVENT	TIME	LOCATION
Mondays	Occupational Therapy	9:00AM-3:00PM	JBMAO Stroke Center
Mon - Thurs	Equipment Exercise	9:00AM-3:00PM	JBMAO Stroke Center
Tues & Thurs	Chair Exercise	11:00AM-12:00PM	Carson Event Center
Wednesdays	Chair Volleyball	11:30AM - 1:00PM	Carson Event Center
Special Interest			
DATE	EVENT	TIME	LOCATION
Mon - Thurs	Start Smart T-ball	5:15PM - 6:00PM	Calas Park
Special Events			
DATE	EVENT	TIME	LOCATION
Sat 4/15/23	Earth Day Kids Fest	11am-2pm	Dolphin Park
Sat 4/22/23	Autism Awareness 5K Run/Walk	7am-10am	Cal State University, Dominguez Hills
Fri 4/28/23	Union Nights Community Market	4pm-7pm	Corner of Avalon & Carson
Sat 4/29/23	Self Care Health Fair	9am-1pm	Community Center
Youth and Family Services/P&A Grant			
DATE	EVENT	TIME	LOCATION
Tuesdays	Crafty Club	4:30 PM -6:00 PM	Community Center
Tuesdays	Stronger Together (Ladies group)	5:00 PM - 6:00 PM	Community Center
TBD	Nurturing Fatherhood Program	TBD	TBD
Tue & Thur	CETG 2.0 food deliveries	9-11 AM	Community Center
TBD	Girls Empowerment Group	TBD	TBD