



# PROGRAMS-AT-A-GLANCE

## November 2023

10/18/2023



SPECIAL EVENTS			
DATE	EVENT	TIME	LOCATION
11	Veterans Day Celebration	10am-12pm	Veterans Park
MEETINGS			
1	Volunteer Association Meeting	7pm	Dominguez Park
2	FCBVA Board Member Meeting	6pm	Foisia Park
5	Fleet Service Meeting	1pm-3pm	Veterans Park
5	DPVA General Meeting	7pm	Dolphin Park
8	SHD Committee Meeting	6:30pm	Foisia Park
9	FPVA Board Member Meeting	6pm	Fabela Chavez Boxing Center
12	Calas Park Volunteer Association Meeting	6:30pm	Calas Park
16	Volunteer Association Meeting	6pm	Carriage Crest Park
20	Veterans Affairs Commission Meeting	6pm-8pm	Veterans Park
26	Calas Park Volunteer Association Meeting	6:30pm	Calas Park
PARK EVENTS			
Mon/Wed/Thu	Boxing Fitness Intermediate (Ages 13-17)	5pm-6pm	Fabela Chavez Boxing Center
Mon/Wed/Fri	Open Game Room	3pm-6pm	Dolphin Park
Mon/Wed	Fun Time	4pm-5pm	Hemingway Park
Mon/Wed	Voice	4pm-5pm	Hemingway Park
Mon/Wed	Ready, Set, Read	4pm-6pm	Anderson Park
Mon/Wed	Let's Get Creative	5:30pm-6:30pm	Hemingway Park
Mon/Thu	Strength and Conditioning Class	7pm-8pm	Fabela Chavez Boxing Center
Tue/Thu	Drama	4pm-5pm	Hemingway Park
Tue/Thu	Math Made Easy	4pm-5pm	Veterans Park
Tue/Thu	Outdoor Games	4pm-5pm	Hemingway Park
Tue/Thu	Let's Get Crafty	5:30pm-6:30pm	Hemingway Park
Tue/Thu	Basketball Clinic	6pm	Del Amo Park
Wed/Fri	Adult Basketball	7pm-10pm	Hemingway Park
Mondays	Outdoor Activities	5:30pm-6:30pm	Anderson Park
Mondays	Over The Line	6pm-7pm	Dolphin Park
Mondays	Cooking Class	7pm-8pm	Foisia Park
Tuesdays	Archery	4pm-5pm	Dolphin Park
Tuesdays	Board Games	4pm-5pm	Anderson Park
Tuesdays	Basketball Class	6pm	Foisia Park
Tuesdays	Fitness For All	6pm-7pm	Dolphin Park

Tuesdays	Youth Self-Defense Class	6:30pm	Del Amo Park
Tuesdays	Nurturing Fathers Program	6:30pm-8:30pm	Anderson Park
Wednesdays	Baking Class	4pm-5pm	Foisia Park
Wednesdays	Whiffle Ball Wednesdays	5pm-6pm	Dolphin Park
Wednesdays	The Anderson Park Club	7pm-8pm	Anderson Park
Thursdays	Jr. Staff	4pm-5pm	Dolphin Park
Thursdays	3x3 Basketball	6pm-7:30pm	Dolphin Park
Fridays	Spontaneous Games	3:30pm-4:30pm	Anderson Park
Fridays	Creative Corner	3:30pm-5pm	Dolphin Park
Fridays	Friday Games	4pm-5pm	Hemingway Park
Fridays	Friday Night Gaming	5:30pm-6:30pm	Hemingway Park
Fridays	Teen Club/ Video Game Challenge	6pm-8pm	Dolphin Park
Saturdays	Adult Line Dancing	9am	Del Amo Park
Saturdays	Pickleball Pick-Up	12pm-2pm	Dolphin Park
Saturdays	Saturday Games	1pm-2pm	Hemingway Park
Saturdays	Soccer Skills	2pm-4pm	Dolphin Park
Sundays	Adult Basketball	8am-5pm	Hemingway Park
Sundays	Open Game Room	12pm-4pm	Dolphin Park
1-12	Swim Conditioning	6:45pm-8:15pm	Carson Pool
1-29	Evening Aqua Zumba/Lap Swim	6pm-7pm	Hemingway Aquatic Center
2-5	Session 9	3:30pm-6:30pm	Carson Pool
3-12	Aqua Aerobics/Lap Swim	7am-8am	Hemingway Aquatic Center
3-12	Lap Swim	3:30pm-6:30pm	Carson Pool
4	Aqua Aerobics/Lap Swim	7:30am & 8:30am	Carson Pool
4	Saturday Session 2	Various Times	Carson Pool
4,11	Lap Swim	10am-1pm	Carson Pool
9-12	Session 10	3:30pm-6:30pm	Carson Pool
17	Family Teen Feast/Pot Luck	6pm-8pm	Foisia Park
17	Prepping Gift Baskets	6pm-8pm	Hemingway Park
17	Thanksgiving Feast	6pm-8pm	Stevenson Park
17	Movie Night	7pm-9pm	Carriage Crest Park
19	Football & Soccer Banquet	12pm-4pm	Carson Park
21	Turkey Shoot Out	5pm-7pm	Hemingway Park
21	Friendsgiving	6pm-8pm	Carson Park
21	Calas Park Friendsgiving Thanksgiving Celebration	6:30pm-8:30pm	Calas Park
25	Fall Sports Banquet	12pm-4pm	Veterans Park

**For more information, please call your local park or the Recreation Division at (310) 847-3570.**

**\*Please note: dates/times/locations/fees are subject to change without prior notice\***

## RECREATION DIVISION

<p><b>Anderson Park</b> A/Supervisor: Simy Soto 19101 Wilmington Ave. Carson, CA 90746 (310) 233-4840</p>	<p><b>Calas Park</b> Supervisor: Larry Failla 1000 E. 220th St. Carson, CA 90745 (310) 518-3565</p>	<p><b>Carriage Cresk Park (CCPK)</b> Supervisor: Carolyn Pele 23800 S. Figueroa St. Carson, CA 90745 (310) 830-5601</p>
<p><b>Carson Park</b> Supervisor: Cristina Herrera 21411 S. Orrick Ave. Carson, CA 90745 (310) 830-4925</p>	<p><b>Del Amo Park</b> Supervisor: Aundrea "Peach" Rockho 703 E. Del Amo Blvd. Carson, CA 90746 (310) 233-4850</p>	<p><b>Dolphin Park</b> Supervisor: Pat Camacho 21205 Water St. Carson, CA 90745 (310) 549-4560</p>
<p><b>Dominguez Park</b> Supervisor: Nick Reyes 21330 Santa Fe Ave. Carson, CA 90810 (310) 549-3962</p>	<p><b>Foisia Park &amp; Fabela Chazez Boxing Center (FCBC)</b> Supervisor: Janny Noa 23410 Catskill Ave. Carson, CA 90745 (310) 830-8310 (Park) (310) 830-6439 (Boxing Center)</p>	<p><b>Friendship Mini Park</b> Supervisor: Pat Camacho 21930 S. Water St. Carson, CA 90745 (310) 549-4560</p>
<p><b>Hemingway Park</b> Supervisor: Gwen Whitaker 700 E. Gardena Blvd. Carson, CA 90746 (310) 233-4860</p>	<p><b>Mills Park</b> Supervisor: Migdalia "Mickie" Sanchez 1340 E. Domindale Dr. Carson, CA 90746 (310) 233-4870</p>	<p><b>Perry Street Mini Park</b> Supervisor: Larry Failla 215th &amp; Perry St. Carson, CA 90745 (310) 518-3565</p>
<p><b>Reflection Mini Park</b> Supervisor: Cristina Herrera 21208 Shearer Ave. Carson, CA 90745 (310) 830-4925</p>	<p><b>Stevenson Park</b> Supervisor: Howard "AJ" Johnson 17400 Lysander Dr. Carson, CA 90746 (310) 233-4880</p>	<p><b>Veterans Park</b> Supervisor: Isaac Gardner 22400 Moneta Ave. Carson, CA 90745 (310) 830-9997</p>
<p><b>Veterans SportsComplex (VSPC)</b> Supervisor: Kenny Harris 22400 Moneta Ave. Carson, CA 90745 (310) 830-9991</p>	<p><b>Walnut Mini Park</b> Supervisor: Gwen Whitaker 440 E. Walnut St. Carson, CA 90746 (310) 538-0018</p>	<p><b>Enrichment Program</b> Supervisor: Karen Ruan (310) 631-2252 or (310) 847-3570</p>
<p><b>Aquatics</b> Supervisor: Jonathan Nery General Line: (310) 816-9381</p>	<p><b>Carson Pool</b> 21436 S. Main St. Carson, CA 90745 (310) 830-1053 <a href="mailto:carsonpl@carsonca.gov">carsonpl@carsonca.gov</a></p>	<p><b>Dominguez Aquatic Center (DAC)</b> 21330 Santa Fe Ave. Carson, CA 90810 (310) 830-2391 <a href="mailto:dac@carsonca.gov">dac@carsonca.gov</a></p>
<p><b>Foisia Pool</b> 23410 Catskill Ave. Carson, CA 90745 (310) 549-9051 <a href="mailto:foisiapl@carsonca.gov">foisiapl@carsonca.gov</a></p>	<p><b>Hemingway Aquatic Center (HAC)</b> 16605 S. San Pedro Carson, CA 90746 (310) 233-4861 <a href="mailto:hac@carsonca.gov">hac@carsonca.gov</a></p>	
<p><b>Corporate Yard</b> 18601 S. Main St. Carson, CA 90248 (310) 847-3570</p>	<p><b>City Hall</b> 701 E. Carson St. Carson, CA 90745 (310) 830-7600</p>	

## Human Services Spotlight of Events for October 2023

Commission Meetings			
DATE	COMMISSION	TIME	LOCATION
10/9/2023	Senior Citizens Advisory	4:00pm	JMMCC Room 111
Senior Assisted Living/Information and Referral			
DATE	EVENT	TIME	LOCATION
Every other Monday	Kinship Care Support Group	10:30am - 11:30am	JMMCC Room 111
Wednesdays	Beyond The Grief Group	12:00pm - 1:00pm	JMMCC Room 111
Wednesdays	Good Grief - Bereavement Support	10:30am - 11:30am	JMMCC Room 111
2nd Mondays	LA Regional Food Bank	7:00am - 1:00pm	JMMCC East Parking Lot
1st Wednesdays	Housing Rights Center Walk in clinic	11:00am - 1:00pm	JMMCC Room 107
1st & 3rd Thursdays	Caregiver Support Group	11:00am - 12:00pm	JMMCC Room 111
Tuesdays	Senior Share Storytelling	3:00pm - 4:30pm	JMMCC Room 132
10/16/2023	10 Myths About Using Medication	10:00am - 11:00am	Carson Event Center-Dominguez Room
10/18/2023	Senior Information & Resource Fair	9:00am - 11:00am	Carson Event Center
10/23/2023	Getting a Good Night's Sleep Without Medication	10:00am - 11:00am	Carson Event Center-Dominguez Room
Therapeutic Recreation			
DATE	EVENT	TIME	LOCATION
Mondays	Skill Builders	3:30pm - 5:00pm	Carson Event Center
Mondays	Softball	5:30pm - 7:00pm	Foisia Park
Thursdays	Arts & Crafts	5:00pm - 6:00pm	Carson Event Center
Fridays	Adult Day Club	10:00am - 1:00pm	Carson Event Center
Senior Recreation			
DATE	EVENT	TIME	LOCATION
Tuesdays	Virtual Functional Fitness	9:30am - 10:30am	Zoom - Online
Thursdays	Virtual Yoga	9:30am - 10:30am	Zoom - Online
Mondays	Yoga	8:30am - 9:30am	Stevenson Park
Mondays	Hula Hoop Fitness	10:00am - 11:00am	Carson Park
Mon-Fri	Open Fitness Room	8:30am - 11:30am	Carson Park
Mon-Thurs	Open Basketball	10:45am - 11:45am	Carson Park
Tuesdays	Zumba Gold	8:30am - 9:30am	Carson Park
Tue/Thur	Zumba	9:30am - 10:30am	Carson Park
Wednesdays	Functional Fitness	8:30am - 9:30am	Carson Park
Wednesdays	Yoga	9:30am - 10:30am	Carson Park
Thursdays	Line Dance	8:30am - 9:30am	Carson Park
Thursdays	Zumba	9:30am - 10:30am	Carson Park
Fridays	Line Dance	10:30am - 11:45am	Stevenson Park
Mom/Wed/Fri	Open Fitness Room	8:00am - 11:30am	Stevenson Park
Fridays	Country Line Dance	8:30am - 11:45am	Carson Park
Mon-Fri	Open Fitness Room	8:00am - 10:30am	Foisia Park
Mon-Fri	Chess	8:30am - 10:30am	Foisia Park
Mon-Fri	Open Basketball	8:00am - 10:30am	Foisia Park
Wednesdays	Swinging 50's Club	10:00am - 2:00pm	Dominguez Park
Tue/Fri	Needle Craft	9:00am - 11:00am	Carson Event Center
Mondays	Music Makers	9:30am - 11:30am	Carson Event Center
Tuesdays	Salsa	10:00am - 11:00am	Carson Event Center
Thursdays	Body Balancing	9:30am - 10:30am	Carson Event Center
Thursdays	Table Games	1:00pm - 4:00pm	Carson Event Center
Tuesdays	VIP Club Bingo	11:00am - 3:45pm	Carson Event Center
Wednesdays	TLC Club Bingo	11:00am - 3:45pm	Carson Event Center
Thursdays	Jolly Club Bingo	11:00am - 3:45pm	Carson Event Center
Early Childhood			
DATE	EVENT	TIME	LOCATION
10/31/2023	Trick-or-Treat	10:00am - 12:00pm	City Hall & Carson Event Center
Stroke Center			
DATE	EVENT	TIME	LOCATION
Mon - Thurs	Occupational Therapy	9:00am - 3:00pm	JBMAO Stroke Center
Mon - Thurs	Equipment Exercise	9:00am - 3:00pm	JBMAO Stroke Center
Tues/Thurs	Chair Exercise	11:00am - 12:00pm	East Activity Room - CES
Wednesdays	Chair Volleyball	11:30am - 1:00pm	East Activity Room - CES
Special Interest			
DATE	EVENT	TIME	LOCATION
Mon - Thurs	Start Smart Soccer	5:15pm - 6:00pm	Calas Park
Tues/Thurs	Fit Happens	6:15pm - 7:00pm	Carson Event Center
Wednesdays	Intergenerational Program	4:00pm - 5:00pm	Carson Event Center
Special Events			
DATE	EVENT	TIME	LOCATION
10/20/2023	Women's Health Conference	7:30am - 3:00pm	Carson Event Center
Youth and Family Services/P&A Grant			
DATE	EVENT	TIME	LOCATION
Tuesdays	Stronger Together (Ladies group)	5:00pm - 6:00pm	Carson Event Center
Tuesdays	Nurturing Fatherhood Program	6:30pm - 8:30pm	Anderson Park

## COMMUNITY SERVICES DIVISION

<p><b>Community Center</b>          Program Manager: Victor Fernandez          (310) 835-0212</p>	<p><b>Human Services</b>          Senior Rec. Assistant Coordinator: Rosemary Zavala          (310) 835-0212</p>
<p><b>Community Center</b>          Event Services Supervisor: Raymond Litster          (310) 835-0212</p>	<p><b>Human Services</b>          Youth &amp; Family Program Manager: Jenice DeGuzman          (310) 835-0212</p>
<p><b>Community Center</b>          Event Services Supervisor: Natalie Johnson          (310) 835-0212</p>	<p><b>Human Services</b>          Therapeutic Recreation Coordinator: Jason Wong          (310) 835-0212</p>
<p><b>Community Center</b>          Event Services Coordinator I: Stephanie Martinez          (310) 835-0212</p>	<p><b>Human Services</b>          Assistant Coordinator: Eileen Tinnie          (310) 835-0212</p>
<p><b>Community Center</b>          Event Services Coordinator I: Cindy Perez          (310) 835-0212</p>	<p><b>Human Services</b>          Stroke Center/Special Interest Social Services Coordinator:          Melody Carter          (310) 835-0212</p>
<p><b>Human Services</b>          Program Manager: Dani Cook          (310) 835-0212</p>	<p><b>Transportation Services</b>          Program Manager: Jason Jo          (310) 835-0212</p>
<p><b>Human Services</b>          Human Service Supervisor: Amanda Valorosi          (310) 835-0212</p>	<p><b>Human Services</b>          Early Childhood Director: Raquel Rivera          (310) 835-0212</p>

**Carson Event Center**  
 801 E. Carson St, Carson, CA 90745

