



PROGRAMS-AT-A-GLANCE

December 2023

11/22/2023



SPECIAL EVENTS			
DATE	EVENT	TIME	LOCATION
7	Tree Lighting Ceremony	6pm-7pm	Carson Event Center
9	Winterfest	12pm-4pm	Veterans Park
MEETINGS			
3	Fleet Service Meeting	1pm-3pm	Veterans Park
6	SHD Committee Meeting	6:30pm	Foisia Park
6	Volunteer Association Meeting	7pm	Dominguez Park
7	FPVA Board Member Meeting	6pm	Foisia Park
7	Lupus Foundation Meeting	6pm-8:30pm	Veterans Park
13	Volunteer Association Meeting	6pm	Carriage Crest Park
14	FPVA Board Member Meeting	6pm	Fabela Chavez Boxing Center
18	Veterans Affairs Commission Meeting	6pm-8pm	Veterans Park
20	DPVA General Meeting	7pm	Dolphin Park
PARK EVENTS			
Mon/Wed/Thu	Boxing Fitness (Intermediate Ages 13-17)	5pm-6pm	Fabela Chavez Boxing Center
Mon/Wed/Fri	Open Game Room	3pm-6pm	Dolphin Park
Mon/Wed	Fun Time	4pm-5pm	Hemingway Park
Mon/Wed	Voice	4pm-5pm	Hemingway Park
Mon/Wed	Let's Get Creative	5:30pm-6:30pm	Hemingway Park
Mon/Thu	Strength and Conditioning Class	7pm-8pm	Fabela Chavez Boxing Center
Tue/Thu	Math Class	3pm-5pm	Veterans Park
Tue/Thu	Drama	4pm-5pm	Hemingway Park
Tue/Thu	Outdoor Games	4pm-5pm	Hemingway Park
Tue/Thu	Let's Get Crafty	5:30pm-6:30pm	Hemingway Park
Wed/Fri	Salsa (Intermediate)	11am-12pm	Veterans SportsComplex
Wed/Fri	Adult Basketball	7pm-10pm	Hemingway Park
Mondays	Over The Line	6pm-7pm	Dolphin Park
Mondays	Cooking Class	7pm-8pm	Foisia Park
Tuesdays	Yoga	9:30am-10:30am	Veterans SportsComplex
Tuesdays	Foosball Tourney's	4pm-5pm	Dolphin Park
Tuesdays	Basketball Class	6pm	Foisia Park
Tuesdays	Fitness For All	6pm-7pm	Dolphin Park
Wednesdays	Salas (Beginner)	10am-11am	Veterans SportsComplex
Wednesdays	Baking Class	4pm-5pm	Foisia Park

Wednesdays	Whiffle Ball Wednesdays	5pm-6pm	Dolphin Park
Wednesdays	Ping Pong Rally	6:30pm-8pm	Dolphin Park
Thursdays	Jr. Staff	4pm-5pm	Dolphin Park
Thursdays	3x3 Basketball	6pm-7:30pm	Dolphin Park
Fridays	Muscle Conditioning With Sue	8:30am-9:30am	Veterans SportsComplex
Fridays	Holiday Crafts	3:30pm-5pm	Dolphin Park
Fridays	Arts & Crafts	4pm-5pm	Veterans Park
Fridays	Friday Games	4pm-5pm	Hemingway Park
Fridays	Friday Night Volleyball	5pm-9pm	Veterans SportsComplex
Fridays	Friday Night Gaming	5:30pm-6:30pm	Hemingway Park
Fridays	Holiday Party	6pm-8pm	Hemingway
Fridays	Teen Club/ Video Game Challenge	6pm-8pm	Dolphin Park
Saturdays	Pickleball Pick-Up	12pm-2pm	Dolphin Park
Saturdays	Saturday Games	1pm-2pm	Hemingway Park
Saturdays	Soccer Skills	2pm-4pm	Dolphin Park
Sundays	Adult Basketball	8am-5pm	Hemingway Park
Sundays	Open Game Room	12pm-4pm	Dolphin Park
1	Salsa Night	6pm-10pm	Veterans SportsComplex
2	Soccer Awards Banquet	11am-4pm	Foisia Park
4	Adult Yoga	7pm-8pm	Anderson Park
4	Nurturing Fathers Program	7pm-8pm	Anderson Park
8	Community Basketball	5:30pm-9pm	Veterans SportsComplex
8	Dominguez Winter Wonderland Party	6pm	Dominguez Park
15	Basketball Opening Day	5pm-9pm	Carson Park
15	Holiday Party	6pm-8pm	Stevenson Park
16	Flag Football/Soccer Awards Banquet	11am-3pm	Calas Park
18-1/7	Holiday Camp	7am-5pm	Carriage Crest Park
18-1/8	Winter Break Schedule	12pm-9pm	Foisia Park
20	Kids Holiday Party	6pm-8pm	Foisia Park
21	Holiday Party	2pm-4pm	Calas Park
21	Game Board Mania	5pm-7pm	Stevenson Park
22	Winter Movie Night	6pm-9pm	Anderson Park
23	Holiday Party	1pm-3pm	Carriage Crest Park
29	Basketball Clinic	6pm-8pm	Stevenson Park

For more information, please call your local park or the Recreation Division at (310) 847-3570.

Please note: dates/times/locations/fees are subject to change without prior notice

RECREATION DIVISION

Anderson Park A/Supervisor: Simy Soto 19101 Wilmington Ave. Carson, CA 90746 (310) 233-4840	Calas Park Supervisor: Larry Failla 1000 E. 220th St. Carson, CA 90745 (310) 518-3565	Carriage Cresk Park (CCPK) Supervisor: Carolyn Pele 23800 S. Figueroa St. Carson, CA 90745 (310) 830-5601
Carson Park Supervisor: Cristina Herrera 21411 S. Orrick Ave. Carson, CA 90745 (310) 830-4925	Del Amo Park Supervisor: Aundrea "Peach" Rockho 703 E. Del Amo Blvd. Carson, CA 90746 (310) 233-4850	Dolphin Park Supervisor: Pat Camacho 21205 Water St. Carson, CA 90745 (310) 549-4560
Dominguez Park Supervisor: Nick Reyes 21330 Santa Fe Ave. Carson, CA 90810 (310) 549-3962	Foisia Park & Fabela Chazez Boxing Center (FCBC) Supervisor: Janny Noa 23410 Catskill Ave. Carson, CA 90745 (310) 830-8310 (Park) (310) 830-6439 (Boxing Center)	Friendship Mini Park Supervisor: Pat Camacho 21930 S. Water St. Carson, CA 90745 (310) 549-4560
Hemingway Park Supervisor: Gwen Whitaker 700 E. Gardena Blvd. Carson, CA 90746 (310) 233-4860	Mills Park Supervisor: Migdalia "Mickie" Sanchez 1340 E. Domindale Dr. Carson, CA 90746 (310) 233-4870	Perry Street Mini Park Supervisor: Larry Failla 215th & Perry St. Carson, CA 90745 (310) 518-3565
Reflection Mini Park Supervisor: Cristina Herrera 21208 Shearer Ave. Carson, CA 90745 (310) 830-4925	Stevenson Park Supervisor: Howard "AJ" Johnson 17400 Lysander Dr. Carson, CA 90746 (310) 233-4880	Veterans Park Supervisor: Isaac Gardner 22400 Moneta Ave. Carson, CA 90745 (310) 830-9997
Veterans SportsComplex (VSPC) Supervisor: Kenny Harris 22400 Moneta Ave. Carson, CA 90745 (310) 830-9991	Walnut Mini Park Supervisor: Gwen Whitaker 440 E. Walnut St. Carson, CA 90746 (310) 538-0018	Enrichment Program Supervisor: Karen Ruan (310) 631-2252 or (310) 847-3570
Aquatics Supervisor: Jonathan Nery General Line: (310) 816-9381	Carson Pool 21436 S. Main St. Carson, CA 90745 (310) 830-1053 carsonpl@carsonca.gov	Dominguez Aquatic Center (DAC) 21330 Santa Fe Ave. Carson, CA 90810 (310) 830-2391 dac@carsonca.gov
Foisia Pool 23410 Catskill Ave. Carson, CA 90745 (310) 549-9051 foisiapl@carsonca.gov	Hemingway Aquatic Center (HAC) 16605 S. San Pedro Carson, CA 90746 (310) 233-4861 hac@carsonca.gov	
Corporate Yard 18601 S. Main St. Carson, CA 90248 (310) 847-3570	City Hall 701 E. Carson St. Carson, CA 90745 (310) 830-7600	
		Carson Event Center 801 E. Carson St. Carson, CA 90745 (310) 835-0212

COMMUNITY SERVICES DIVISION

Community Center Program Manager: Victor Fernandez (310) 835-0212	Human Services Senior Rec. Assistant Coordinator: Rosemary Zavala (310) 835-0212
Community Center Event Services Supervisor: Raymond Litster (310) 835-0212	Human Services Youth & Family Program Manager: Jenice DeGuzman (310) 835-0212
Community Center Event Services Supervisor: Natalie Johnson (310) 835-0212	Human Services Therapeutic Recreation Coordinator: Jason Wong (310) 835-0212
Community Center Event Services Coordinator I: Stephanie Martinez (310) 835-0212	Human Services Assistant Coordinator: Eileen Tinnie (310) 835-0212
Community Center Event Services Coordinator I: Cindy Perez (310) 835-0212	Human Services Stroke Center/Special Interest Social Services Coordinator: Melody Carter (310) 835-0212
Human Services Program Manager: Dani Cook (310) 835-0212	Transportation Services Program Manager: Jason Jo (310) 835-0212
Human Services Human Service Supervisor: Amanda Valorosi (310) 835-0212	Human Services Early Childhood Director: Raquel Rivera (310) 835-0212

Carson Event Center
801 E. Carson St, Carson, CA 90745



Human Services Spotlight of Events for November 2023

Commission Meetings			
DATE	COMMISSION	TIME	LOCATION
11/13/2023	Senior Citizens Advisory	4:00 p.m.	JMMCC Room 111
Senior Assisted Living/Information and Referral			
DATE	EVENT	TIME	LOCATION
Wednesdays	Beyond The Grief Group	12:00 p.m. - 1:00 p.m.	JMMCC Room 111
Wednesdays	Good Grief- Bereavement Support	10:30 a.m. - 11:30 a.m.	JMMCC Room 111
2nd Mondays	LA Regional Food Bank	7:00 a.m. - 1:00 p.m.	JMMCC East Parking Lot
1st Wednesdays	Housing Rights Center Walk-in clinic	11:00 a.m. - 1:00 p.m.	JMMCC Room 107
1st & 3rd Thursdays	Caregiver Support Group	11:00 a.m. - 12:00 p.m.	JMMCC Room 111
Wednesdays	Senior Share Storytelling	2:00 p.m. - 3:30 p.m.	JMMCC Room 132
Therapeutic Recreation			
DATE	EVENT	TIME	LOCATION
Mondays	Softball	5:30 p.m. - 7:00 p.m.	Foisia Park
Thursdays	Arts & Crafts	5:00 p.m. - 6:00 p.m.	Carson Event Center
Fridays	Adult Day Club	10:00 a.m. - 1:00 p.m.	Carson Event Center
Senior Recreation			
DATE	EVENT	TIME	LOCATION
Tuesdays	Virtual Functional Fitness	9:30 a.m. - 10:30 a.m.	Zoom - Online
Thursdays	Virtual Yoga	9:30 a.m. - 10:30 a.m.	Zoom - Online
Mondays	Yoga	8:30 a.m. - 9:30 a.m.	Stevenson Park
Mondays	Hula Hoop Fitness	10:00 a.m. - 11:00 a.m.	Carson Park
Mon - Fri	Open Fitness Room	8:30 a.m. - 11:30 a.m.	Carson Park
Mon - Thurs	Open Basketball	10:45 a.m. - 11:45 a.m.	Carson Park
Tuesdays	Zumba Gold	8:30 a.m. - 9:30 a.m.	Carson Park
Tues & Thur	Zumba	9:30 a.m. - 10:30 a.m.	Carson Park
Wednesdays	Functional Fitness	8:30 a.m. - 9:30 a.m.	Carson Park
Wednesdays	Yoga	9:30 a.m. - 10:30 a.m.	Carson Park
Thursdays	Line Dance	8:30 a.m. - 9:30 a.m.	Carson Park
Thursdays	Zumba	9:30 a.m. - 10:30 a.m.	Carson Park
Fridays	Line Dance	10:30 a.m. - 11:45 a.m.	Stevenson Park
Mon/Wed/Fri	Open Fitness Room	8:00 a.m. - 11:30 a.m.	Stevenson Park
Fridays	Country Line Dance	8:30 a.m. - 11:45 a.m.	Carson Park
Mon - Fri	Open Fitness Room	8:00 a.m. - 10:30 a.m.	Foisia Park
Mon - Fri	Chess	8:30 a.m. - 10:30 a.m.	Foisia Park
Mon - Fri	Open Basketball	8:00 a.m. - 10:30 a.m.	Foisia Park
Wednesdays	Swinging 50's Club	10:00 a.m. - 2:00 p.m.	Dominguez Park
Tues & Fri	Needle Craft	9:00 a.m. - 11:00 a.m.	Carson Event Center
Mondays	Music Makers	9:30 a.m. - 11:30 a.m.	Carson Event Center
Tuesdays	Salsa	10:00 a.m. - 11:00 a.m.	Carson Event Center
Thursdays	Body Balancing	9:30 a.m. - 10:30 a.m.	Carson Event Center
Thursdays	Table Games	1:00 p.m. - 4:00 p.m.	Carson Event Center
Tuesdays	VIP Club Bingo	11:00 a.m. - 3:45 p.m.	Carson Event Center
Wednesdays	TLC Club Bingo	11:00 a.m. - 3:45 p.m.	Carson Event Center
Thursdays	Jolly Club Bingo	11:00 a.m. - 3:45 p.m.	Carson Event Center
Early Childhood			
DATE	EVENT	TIME	LOCATION
11/6/2023	CSUDH Occupational Therapy	8:00 a.m. - 12:00 p.m.	Early Childhood
Stroke Center			
DATE	EVENT	TIME	LOCATION
Mondays	Chair Yoga	11:30 a.m. - 12:30 p.m.	East Activity Room - CES
Mon - Thurs	Occupational Therapy	9:00 a.m. - 3:00 p.m.	JBJMAO Stroke Center
Mon - Thurs	Equipment Exercise	9:00 a.m. - 3:00 p.m.	JBJMAO Stroke Center
Tues & Thurs	Chair Exercise	11:00 a.m. - 12:00 p.m.	East Activity Room - CES
Wednesdays	Chair Volleyball	11:30 a.m. - 1:00 p.m.	East Activity Room - CES
Special Interest			
DATE	EVENT	TIME	LOCATION
Tues & Thurs	Fit Happens	6:15 p.m. - 7:00 p.m.	Carson Event Center
Wednesdays	Intergenerational Program	4:00 p.m. - 5:00 p.m.	Carson Event Center
Special Events			
DATE	EVENT	TIME	LOCATION
Youth and Family Services/P&A Grant			
DATE	EVENT	TIME	LOCATION
Tuesdays	Stronger Together (Ladies group)	5:00 p.m. - 6:00 p.m.	Carson Event Center
Tuesdays	Nurturing Fatherhood Program	6:30 p.m. - 8:30 p.m.	Anderson Park