



PROGRAMS-AT-A-GLANCE

JUNE 2023

5/18/2023



SPECIAL EVENTS			
DATE	EVENT	TIME	LOCATION
3	Teen Summit	9am - 4pm	Carson Park
10	Philippine Independence Day	7:30am - 6pm	Veterans Park
17	Juneteenth Celebration	11am - 6pm	Mills Park
24	Samoan Heritage Day	9:30am - 5pm	Foisia Park
MEETINGS			
4	Fleet Reserve Meeting	1pm - 3pm	Veterans Park
6	Calas Park Volunteer Association Meeting	6:30pm	Calas Park
7	Philippine Independence Day Meeting	4:30pm - 5:30pm	Veterans Park
7	Fabela Chavez Boxing Volunteer Association Meeting	6pm	Foisia Park
7	Dominguez Park Volunteer Association Meeting	7pm	Dominguez Park
8	Foisia Park Volunteer Association Meeting	6pm	Foisia Park
15, 21	Samoan Heritage Day Planning Meeting	6pm	Foisia Park
21	Dolphin Park Volunteer Association Meeting	7pm	Dolphin Park
27	Calas Park Volunteer Association General Meeting	6:30pm	Calas Park
28	Carriage Crest Park Volunteer Association Meeting	6pm - 7:30pm	Carriage Crest Park
PARK EVENTS			
Every Day	Pickle Ball	8am - 9pm	Hemingway Park
Mon/Wed	Wacky Games	4pm - 5pm	Hemingway Park
Mon/Wed	Play Time	5:30pm - 6:30pm	Hemingway Park
Mon/Thu	Strength & Conditioning Class	7pm - 8pm	Foisia Park
Tue/Thu	Incredible Games	4pm - 5pm	Hemingway Park
Tue/Thu	Tag Out	5:30pm - 6:30pm	Hemingway Park
Wed/Fri	Adult Baseball	7pm - 10pm	Hemingway Park
Sat/Sun	Pickle Ball	8am - 5pm	Hemingway Park
Mon/Wed/Thu	Boxing Fitness Intermediate (Ages 8 - 12)	4pm - 5pm	Foisia Park
Mon/Wed/Thu	Boxing Fitness Intermediate (Ages 13 - 17)	5pm - 6pm	Foisia Park
Mon/Wed/Fri	Open Game Room	4pm - 6pm	Dolphin Park
Mondays	Creative Crafts	4pm - 5pm	Dolphin Park
Tuesdays	Jr. Staff Program	4pm - 7pm	Stevenson Park
Tuesdays	3 x 3 Basketball	5:30pm - 7pm	Dolphin Park

Tuesdays	Soccer Class	6pm - 7pm	Foisia Park
Tuesdays	Karate	Beginners: 6pm Advanced: 7pm	Foisia Park
Wednesdays	Ultimate Frisbee	4pm - 5pm	Dolphin Park
Wednesdays	Baking Class	5pm - 6pm	Anderson Park
Wednesdays	Whiffle Ball Wednesdays	5pm - 6pm	Dolphin Park
Wednesdays	Ping Pong Challenge Ladder	5:30pm	Del Amo Park
Thursdays	Archery Basics	4pm - 5pm	Dolphin Park
Thursdays	Play Station Hour	5:30pm	Del Amo Park
Thursdays	Jr. Staff Meetings	6pm - 7pm	Dolphin Park
Fridays	Spontaneous Games	4pm - 5pm	Anderson Park
Fridays	Let's Get Creative	4pm - 5pm	Hemingway Park
Fridays	Friday Night Gaming	5:30pm - 6:30pm	Hemingway Park
Fridays	Cooking Class	5pm - 6pm	Foisia Park
Fridays	Youth Pickle Ball	5:30pm - 6:30pm	Stevenson Park
Fridays	Teen Club	6:30pm - 8:00pm	Dolphin Park
Saturdays	Zumba	9am	Fabela Chavez Boxing Gym
Saturdays	Saturday Games	1pm - 2pm	Hemingway Park
Saturdays	Soccer Skills Clinic	2pm - 4pm	Dolphin Park
Sundays	Adult Baseball	8am - 5pm	Hemingway Park
2	Veterans Park Teen Club Grand Opening	3pm - 6pm	Veterans Park
3	Carson Park Cheer Banquet	Noon - 3pm	Dominguez Aquatic Center
5	Therapeutic Rec Basketball - Last Day of Class	6pm - 7:30pm	Foisia Park Gym
7	Therapeutic Rec Bocci Ball - Last Day of Class	6pm - 7:30pm	Foisia Park Field
8	Summer Kick Off	9am - Noon	Carson Park
9	Summer Kick Off	1pm - 3pm	Hemingway Park
9	Summer Kick Off	2pm - 4pm	Calas Park
9	Summer Kick Off	4pm - 7pm	Foisia Park
12	Cooking Class	6pm - 8:30pm	Anderson Park
12 - 15	AM Swim Lesson Mon - Thu	8am - 12:50pm	Various Pools
12 - 15	PM Swim Lessons Mon - Thu	3pm - 5:50pm	Various Pools
12 - 28	Junior Lifeguard	3pm - 4:30pm	Various Pools
12 - 29	Aqua Aerobics (Mon/Tue/Thu)	7:30am - 8:30am	Hemingway AC
12 - 29	Recreational Swim (Mondays & Wednesdays)	1:15pm - 2:45pm	Carson Pool/Dominguez AC
12 - 29	Recreational Swim (Tuesdays & Thursdays)	1:15pm - 2:45pm	Foisia Pool/Hemingway AC
12 - 29	Tigershark Swim Team (Mon - Thu)	4:45pm - 6:15pm	Foisia Pool
12 - 29	Night Recreational Swim (Mon - Thu)	6:15pm - 7:45pm	Various Pools
13 - 29	Mini Guards	3pm - 4:30pm	Various Pools

14 - 28	Lap Swim	Various Times	Various Pools
14 - 28	Aqua Zumba	7:30am - 8:30am	Hemingway AC
15	Summer Kick Off	1pm	Del Amo Park
16	Mid-Summer Classic	6pm - 9pm	Dolphin Park
16	Teen Paint Night	6pm - 9pm	Veterans Park
16	Movie Night at the Park	7pm - 9pm	Dominguez Park
17	Father's Day BBQ	TBA	Calas Park
17	Cheer Registration Begins	7am - 5pm	Carson Park
17	Movie Night at the Park	7pm - 9pm	Carriage Crest Park
17	Father's Day Brunch	11am - 1pm	Hemingway Park
17 - July 8	Saturday Swim Lessons	10am - 12:50pm	Carson Pool/Hemingway AC
17 - July 8	Saturday Recreational Swim	1:15pm - 2:45pm	Carson Pool/Dominguez AC
19 - 22	AM Swimming Lessons Mon - Thu	8am - 12:50pm	Various Pools
19 - 22	PM Swim Lessons Mon - Thu	3pm - 5:50pm	Various Pools
23	Movies in the Park: "Moana"	6pm	Veterans Park
24	Parents Night Out	6pm - 9pm	Carriage Crest Park
26 - 29	AM Swimming Lessons Mon - Thu	8am - 12:50pm	Various Pools
26 - 29	PM Swim Lessons Mon - Thu	3pm - 5:50pm	Various Pools
26 - Aug. 11	Summer Run Basketball Program	Tues - Sat: 6pm - 9pm	Foisia Park
29 - July 27	Flag Football Clinic (Every Thursday)	5:30pm	Del Amo Park

For more information, please call your local park or the Recreation Division at (310) 847-3570.

Please note: dates/times/locations/fees are subject to change without prior notice

RECREATION DIVISION

<p>Anderson Park A/Supervisor: Angel Zamora 19101 Wilmington Ave. Carson, CA 90746 (310) 603-9850</p>	<p>Calas Park Supervisor: Larry Failla 1000 E. 220th St. Carson, CA 90745 (310) 518-3565</p>	<p>Carriage Cresk Park (CCPK) Supervisor: Carolyn Pele 23800 S. Figueroa St. Carson, CA 90745 (310) 830-5601</p>
<p>Carson Park Supervisor: Cristina Herrera 21411 S. Orrick Ave. Carson, CA 90745 (310) 830-4925</p>	<p>Del Amo Park Supervisor: Aundrea "Peach" Rockhold 703 E. Del Amo Blvd. Carson, CA 90746 (310) 329-7717</p>	<p>Dolphin Park Supervisor: Pat Camacho 21205 Water St. Carson, CA 90745 (310) 549-4560</p>
<p>Dominguez Park Supervisor: Nick Reyes 21330 Santa Fe Ave. Carson, CA 90810 (310) 549-3962</p>	<p>Foisia Park & Fabela Chazez Boxing Center (FCBC) Supervisor: Janny Noa 23410 Catskill Ave. Carson, CA 90745 (310) 830-8310 (Park) (310) 830-6439 (Boxing Center)</p>	<p>Friendship Mini Park Supervisor: Pat Camacho 21930 S. Water St. Carson, CA 90745 (310) 549-4560</p>
<p>Hemingway Park Supervisor: Gwen Whitaker 700 E. Gardena Blvd. Carson, CA 90746 (310) 538-0018</p>	<p>Mills Park Supervisor: Migdalia "Mickie" Sanchez 1340 E. Domindale Dr. Carson, CA 90746 (310) 631-3130</p>	<p>Perry Street Mini Park Supervisor: Larry Failla 215th & Perry St. Carson, CA 90745</p>
<p>Reflection Mini Park Supervisor: Cristina Herrera 21208 Shearer Ave. Carson, CA 90745</p>	<p>Stevenson Park Supervisor: Howard "AJ" Johnson 17400 Lysander Dr. Carson, CA 90746 (310) 631-2252</p>	<p>Veterans Park Supervisor: Isaac Gardner 22400 Moneta Ave. Carson, CA 90745 (310) 830-9997</p>
<p>Veterans SportsComplex (VSPC) Supervisor: Kenny Harris 22400 Moneta Ave. Carson, CA 90745 (310) 830-9992</p>	<p>Walnut Mini Park Supervisor: Gwen Whitaker 440 E. Walnut St. Carson, CA 90746</p>	<p>Enrichment Program Supervisor: Karen Ruan (310) 631-2252 or (310) 847-3570</p>
<p>Aquatics Supervisor: Jonathan Nery General Line: (310) 816-9381</p> <p>Foisia Pool 23410 Catskill Ave. Carson, CA 90745 (310) 549-9051 foisiapl@carsonca.gov</p>	<p>Carson Pool 21436 S. Main St. Carson, CA 90745 (310) 830-1053 carsonpl@carsonca.gov</p> <p>Hemingway Aquatic Center (HAC) 16605 S. San Pedro Carson, CA 90746 (310) 324-2515 hac@carsonca.gov</p>	<p>Dominguez Aquatic Center (DAC) 21330 Santa Fe Ave. Carson, CA 90810 (310) 830-2391 dac@carsonca.gov</p>
<p>Corporate Yard 18601 S. Main St. Carson, CA 90248 (310) 847-3570</p>	<p>City Hall 701 E. Carson St. Carson, CA 90745 (310) 830-7600</p>	<p>Carson Event Center 801 E. Carson St. Carson, CA 90745 (310) 835-0212</p>



Human Services Spotlight of Events for May 2023

Commission Meetings			
DATE	COMMISSION	TIME	LOCATION
5/8/2023	Senior Citizens Advisory	4:00 PM	Community Center-Rm 107
Senior Assisted Living/Information and Referral			
DATE	EVENT	TIME	LOCATION
Every other Mon	Kinship Care Support Group	10:30am-11:30am	JMMCC Room 111
Wednesdays	Beyond The Grief Group	12:00pm-1:00pm	JMMCC Room 111
Wednesdays	Good Grief- Bereavement Support	10:30am-11:30am	JMMCC Room 111
Monday 5/8	LA Regional Food Bank	7:00am-1:00pm	JMMCC East Parking Lot
Wednesday 5/3	Housing Rights Center Walk in clinic	11:00am-1:00pm	JMMCC Room 107
Thurs. 5/4 & 5/18/23	Caregiver Support Group	11:00am-12:00pm	JMMCC Room 111
Tuesdays	Senior Share Storytelling	3:00pm-4:30pm	JMMCC Room 132
Therapeutic Recreation			
DATE	EVENT	TIME	LOCATION
Mondays	Basketball	6:00pm – 7:30pm	Foisia Park
Tuesdays	Track and Field	6:00pm – 7:30pm	Rancho Dominguez Prep School
Wednesdays	Bocce	6:00pm – 7:30pm	Foisia Park
Thursdays	Arts & Crafts	5:00pm-6:00pm	Carson Event Center
Senior Recreation			
DATE	EVENT	TIME	LOCATION
Tue	Virtual Functional Fitness	9:30 a.m. – 10:30 a.m.	Zoom - Online
Thurs	Virtual Yoga	9:30 a.m. – 10:30 a.m.	Zoom - Online
Mon	Yoga	8:30 a.m. -9:30 a.m.	Stevenson Park
Mon	Hula Hoop Fitness	10:00 a.m. – 11:00 a.m.	Carson Park
Mon-Fri	Open Fitness Room	8:30 a.m. - 11:30 a.m.	Carson Park
Mon-Thurs	Open Basketball	10:45 a.m. - 11:45 a.m.	Carson Park
Tue	Zumba Gold	8:30 a.m. – 9:30 a.m.	Carson Park
T/TH	Zumba	9:30 a.m. – 10:30 a.m.	Carson Park
Wed	Functional Fitness	8:30 a.m. – 9:30 a.m.	Carson Park
Wed	Yoga	9:30 a.m. – 10:30 a.m.	Carson Park
Thurs	Line Dance	8:30 a.m. - 9:30 a.m.	Carson Park
Thurs	Zumba	9:30 a.m. – 10:30 a.m.	Carson Park
Fri	Line Dance	10:30 a.m. – 11:45 a.m.	Stevenson Park
M/W/F	Open Fitness Room	8:00 a.m. – 11:30 a.m.	Stevenson Park
Fri	Country Line Dance	8:30 a.m. – 11:45 a.m.	Carson Park
Mon-Fri	Open Fitness Room	8:00 a.m. -10:30 a.m.	Foisia Park
Mon-Fri	Chess	8:30 a.m. - 10:30 a.m.	Foisia Park
Mon-Fri	Open Basketball	8:00 a.m. – 10:30 a.m.	Foisia Park
Wed	Swinging 50's Club	10:00 a.m. - 2:00 p.m.	Dominguez Park
Tue & Fri	Needle Craft	9:00 a.m. - 11:00 a.m.	Carson Center
Mon	Music Makers	9:30 a.m. - 11:30 a.m.	Carson Center
Tue	Salsa	10:00 a.m. - 11:00 a.m.	Carson Center
Thur	Body Balancing	9:30 a.m. - 10:30 a.m.	Carson Center
Thur	Table Games	1:00 p.m. - 4:00 p.m.	Carson Center
Tue	VIP Club Bingo	11:00 a.m. - 3:45 p.m.	Carson Center
Wed	TLC Club Bingo	11:00 a.m. - 3:45 p.m.	Carson Center
Thur	Jolly Club Bingo	11:00 a.m. - 3:45 p.m.	Carson Center
Early Childhood			
DATE	EVENT	TIME	LOCATION
5/1/2023	Graduation Preparation	9:30 a.m. - 12:00 a.m.	Carson Event Center
Stroke Center			
DATE	EVENT	TIME	LOCATION
Mondays	Occupational Therapy	9:00AM - 3:00PM	JBMAO Stroke Center
Mon - Thurs	Equipment Exercise	9:00AM - 3:00PM	JBMAO Stroke Center
1st & 3rd Tues	Loteria	1:00PM - 2:00PM	JBMAO Stroke Center
2nd & 4th Tues	Tables Games (Small)	1:00PM - 2:00PM	JBMAO Stroke Center
Tues & Thurs	Chair Exercise	11:00AM - 12:00PM	East Activity Room - CES
Wednesdays	Chair Volleyball	11:30AM - 1:00PM	East Activity Room - CES
1st & 3rd Thurs	Health & Fitness	1:00PM - 2:00PM	JBMAO Stroke Center
2nd Thurs.	Monthly Birthdays / Celebration	12:00PM - 1:30PM	JBMAO Stroke Center
4th Thurs.	Table Games (Big)	1:00PM - 2:00PM	JBMAO Stroke Center
Special Interest			
DATE	EVENT	TIME	LOCATION
Mon - Thurs	Start Smart T-ball	5:15PM - 6:00PM	Calas Park
Tues & Thurs	Fit Happens	6:15PM - 7:00PM	Carson Event Center
Special Events			
DATE	EVENT	TIME	LOCATION
5/6/2023	Cinco de Mayo 5K Anniversary Walk	10:00AM	Carson Park
Youth and Family Services/P&A Grant			
DATE	EVENT	TIME	LOCATION
Mondays	Crafty Club	5:00 PM - 7:00 PM	Veterans Park
Tuesdays	Stronger Together (Ladies group)	5:00 PM - 6:00 PM	Community Center
Tuesdays	Nurturing Fatherhood Program	6:30 PM - 8:30 PM	Anderson Park
Wednesdays	Girls Empowerment Group	5:00 PM - 6:00 PM	Veterans Park