



PROGRAMS-AT-A-GLANCE

MARCH 2023

2/21/2023



SPECIAL EVENTS			
DATE	EVENT	TIME	LOCATION
24	Cesar Chavez Tribute	6pm - 9pm	Dominguez Park
MEETINGS			
1	Dominguez Park Volunteer Association Meeting	7pm	Dominguez Park
5	Fleet Reserve Meeting	1pm - 3pm	Veterans Park
7	Calas Park Volunteer Association Board Meeting	6:30pm	Calas Park
8	Juneteenth Meeting	6pm - 8pm	Mills Park
9	Fabela Chavez Boxing Center Volunteers Association Meeting	6pm	Via Zoom
15	Samoan Heritage Planning Committee Meeting	6:30pm	Via Zoom
15	Dolphin Park Volunteers Association Meeting	7pm	Dolphin Park
16	Foisia Park Volunteers Association Meeting	6pm	Via Zoom
29	Foisia Park Volunteers Association Public Meeting	6pm	Via Zoom
PARK EVENTS			
Every Day	Pickle Ball	8am - Noon	Hemingway Park
Mon/Thu	Strength & Conditioning Class	7pm - 8pm	Foisia Park
Mon/Wed/Fri	Open Game Room	4pm - 6pm	Dolphin Park
Mon/Wed/Thu	Boxing Fitness Intermediate (Ages 8 - 12)	4pm - 5pm	Foisia Park
Mon/Wed/Thu	Boxing Fitness Intermediate (Ages 13 - 17)	5pm - 6pm	Foisia Park
Mon/Tue/Wed/Fri	Pickle Ball - Court #2 Only	3pm - 9pm	Hemingway Park
Tue/Thu	Math Class	4pm - 6pm	Veterans Park
Tue/Thu	Amazing Games	5:30pm - 6:30pm	Hemingway Park
Tue/Thu	Soccer Skills	6pm - 8pm	Dolphin Park
Tue/Thu	Beginners Self Defense	6:30pm	Del Amo Park
Wed/Fri	Adult Baseball	7pm - 10pm	Hemingway Park
Sat/Sun	Pickle Ball - Court 1 & 2	8am - 5pm	Hemingway Park
Mondays	Outdoor Games	4pm - 5pm	Hemingway Park
Mondays	Kids in the Kitchen	4pm - 5pm	Veterans Park
Mondays	Arts and Crafts	4pm - 5:30pm	Dolphin Park
Mondays	Crafty Club	5pm - 7pm	Veterans Park
Mondays	Ping Pong Pickup	5:30pm - 7:30pm	Dolphin Park
Tuesdays	Arts and Crafts Class	4:30pm	Foisia Park
Tuesdays	3 x 3 Basketball	5pm - 7pm	Dolphin Park

Tuesdays	Karate	6pm	Foisia Park
Tuesdays	Soccer Class	6pm - 7pm	Foisia Park
Tuesdays	Baseball Clinic	6pm - 7pm	Stevenson Park
Wednesdays	Creative Crafts	4pm	Del Amo Park
Wednesdays	Reading Class	4pm - 6pm	Veterans Park
Wednesdays	Cricket Class	6:30pm	Foisia Park
Thursdays	Pickle Ball - Court 1 & 2	3pm - 9pm	Hemingway Park
Thursdays	Cooking Class	5:30pm	Foisia Park
Thursdays	Cooking Class	5:30pm - 6:30pm	Dolphin Park
Thursdays	After School Tutoring	6pm - 7pm	Dolphin Park
Thursdays	Cooking Class	6pm - 7pm	Stevenson Park
Thursdays	Jr. Staff	6pm - 7:30pm	Dolphin Park
Fridays	Arts and Crafts	4pm - 5pm	Veterans Park
Fridays	Cooking Class	5pm - 6pm	Foisia Park
Fridays	Teen Club	6pm - 8pm	Foisia Park
Fridays	Friday Night Gaming	5:30pm - 6:30pm	Hemingway Park
Fridays	Teen Club	6:30pm - 8pm	Dolphin Park
Saturdays	Adult Line Dancing	9am	Del Amo Park
Saturdays	Zumba	9am	Fabela Chavez Boxing Gym
Saturdays	Baseball/Softball Clinics	10am - Noon	Dolphin Park
Saturdays	T-Ball Clinic	11am - Noon	Mills Park
Sundays	Adult Baseball	8am - 5pm	Hemingway Park
1	DIY Builders	5pm - 6pm	Anderson Park
6	Skillz & Drillz Program	6pm - 9pm	Carriage Crest Park
6 - 9	Session 1 - Swim Lessons	Various Times	Carson Pool
6 - 30	Aqua Aerobics	7am - 8am	Carson Pool
6 - 30	Swim Conditioning (Mon-Thu)	6:45pm - 7:45pm	Carson Pool
8	T-Ball Coaches Clinic	6pm - 7pm	Anderson Park
11	Baseball Clinic	10am - Noon	Dominguez Park
11, 18, 25	Aqua Aerobics / Lap Swim	7:30am - 8:30am 8:45am - 9:45am	Carson Pool
11, 18, 25	Recreational Swim	1:30pm - 3:30pm	Carson Pool
11 - April 1	Session 1 - Saturday Swim Lessons	Various Times	Carson Pool
13 - 16	Session 2 - Swim Lessons	Various Times	Carson Pool
16	Walking/Fitness Class	6pm - 7:30pm	Anderson Park
18	Basketball City Championships	9am - 3pm	Carson Park
19	Carson Park Basketball Awards Banquet	Noon - 4pm	Carson Park
20 - 23	Session 3 - Swim Lessons	Various Times	Carson Pool

24	Carriage Crest Basketball Awards Banquet	6pm - 9pm	Carriage Crest Park
25	Dolphin Park Basketball Awards Banquet	Noon - 4pm	Dolphin Park
25	Anderson Park - Basketball Banquet	1pm - 4pm	Anderson Park
27	Over the Line Challenge - Baseball	6pm - 8pm	Carriage Crest Park
27 - 30	Session 4 - Swim Lessons	Various Times	Carson Pool
28	Over the Line Challenge - Softball	6pm - 8pm	Carriage Crest Park
31	Spring Eggstravaganza - Nighttime Egg Hunt	6pm - 7:30pm	Dominguez Park
31	Spring Eggstravaganza Party and Flashlight Egg Hunt	6:30pm - 8:30pm	Calas Park

For more information, please call your local park or the Recreation Division at (310) 847-3570.

Please note: dates/times/locations/fees are subject to change without prior notice

RECREATION DIVISION

Anderson Park A/Supervisor: Fred Sykes 19101 Wilmington Ave. Carson, CA 90746 (310) 603-9850	Calas Park Supervisor: Larry Failla 1000 E. 220th St. Carson, CA 90745 (310) 518-3565	Carriage Creek Park (CCPK) Supervisor: Carolyn Pele 23800 S. Figueroa St. Carson, CA 90745 (310) 830-5601
Carson Park Supervisor: Cristina Herrera 21411 S. Orrick Ave. Carson, CA 90745 (310) 830-4925	Del Amo Park Supervisor: Aundrea "Peach" Rockhold 703 E. Del Amo Blvd. Carson, CA 90746 (310) 329-7717	Dolphin Park Supervisor: Pat Camacho 21205 Water St. Carson, CA 90745 (310) 549-4560
Dominguez Park Supervisor: Nick Reyes 21330 Santa Fe Ave. Carson, CA 90810 (310) 549-3962	Foisia Park & Fabela Chazez Boxing Center (FCBC) Supervisor: Janny Noa 23410 Catskill Ave. Carson, CA 90745 (310) 830-8310 (Park) (310) 830-6439 (Boxing Center)	Friendship Mini Park Supervisor: Pat Camacho 21930 S. Water St. Carson, CA 90745 (310) 549-4560
Hemingway Park Supervisor: Gwen Whitaker 700 E. Gardena Blvd. Carson, CA 90746 (310) 538-0018	Mills Park Supervisor: Migdalia "Mickie" Sanchez 1340 E. Domindale Dr. Carson, CA 90746 (310) 631-3130	Perry Street Mini Park Supervisor: Larry Failla 215th & Perry St. Carson, CA 90745
Reflection Mini Park Supervisor: Cristina Herrera 21208 Shearer Ave. Carson, CA 90745	Stevenson Park Supervisor: Howard "AJ" Johnson 17400 Lysander Dr. Carson, CA 90746 (310) 631-2252	Veterans Park Supervisor: Isaac Gardner 22400 Moneta Ave. Carson, CA 90745 (310) 830-9997
Veterans SportsComplex (VSPC) Supervisor: Kenny Harris 22400 Moneta Ave. Carson, CA 90745 (310) 830-9992	Walnut Mini Park Supervisor: Gwen Whitaker 440 E. Walnut St. Carson, CA 90746	Enrichment Program Supervisor: Karen Ruan (310) 631-2252 or (310) 847-3570
Aquatics Supervisor: Jonathan Nery General Line: (310) 816-9381 Foisia Pool 23410 Catskill Ave. Carson, CA 90745 (310) 549-9051 foisiapl@carsonca.gov	Carson Pool 21436 S. Main St. Carson, CA 90745 (310) 830-1053 carsonpl@carsonca.gov Hemingway Aquatic Center (HAC) 16605 S. San Pedro Carson, CA 90746 (310) 324-2515 hac@carsonca.gov	Dominguez Aquatic Center (DAC) 21330 Santa Fe Ave. Carson, CA 90810 (310) 830-2391 dac@carsonca.gov
Corporate Yard 18601 S. Main St. Carson, CA 90248 (310) 847-3570	City Hall 701 E. Carson St. Carson, CA 90745 (310) 830-7600	Carson Event Center 801 E. Carson St. Carson, CA 90745 (310) 835-0212



Human Services Spotlight of Events for February 2023

Commission Meetings			
DATE	COMMISSION	TIME	LOCATION
2/13/2023	Senior Citizens Advisory	4:00 PM	Community Center-Rm 111
Senior Assisted Living/Information and Referral			
DATE	EVENT	TIME	LOCATION
Thursdays	Healthy Living Workshops- Partners in Care	9:00am-11:30am	JMMCC Room 111
Every other Mon	Kinship Care Support Group	10:30am-11:30am	JMMCC Room 111
Wednesdays	Beyond The Grief Group	12:00pm-1:00pm	JMMCC Room 111
Wednesdays	Good Grief- Bereavement Support	10:30am-11:30am	JMMCC Room 111
Monday Feb 13	LA Regional Food Bank	7:00am-1:00pm	JMMCC East Parking Lot
Wednesday Feb 1	Housing Rights Center Walk in clinic	11:00am-1:00pm	JMMCC Room 107
Thursday Feb 16	Caregiver Support Group	11:00am-12:00pm	JMMCC Room 111
Tuesdays	Senior Share Storytelling	3:00pm-4:30pm	JMMCC Room 132
Therapeutic Recreation			
DATE	EVENT	TIME	LOCATION
Mondays	Skill Builders OT	4:00pm – 6:00pm	Carson Event Center
Wednesdays	Virtual/In-Person Hip Hop Step	4:00pm – 5:00pm	Carson Event Center
Thursdays	Arts & Crafts	5:00pm-6:00pm	Carson Event Center
Fridays	Adult Day Club	10:00am-1:00pm	Carson Event Center
Senior Recreation			
DATE	EVENT	TIME	LOCATION
Fri, Feb 10	Senior Valentine's Day Luncheon	11:00 a.m. - 3:00 p.m.	Hall ABC
Tue	Virtual Functional Fitness	9:30 a.m. – 10:30 a.m.	Zoom - Online
Wed	Virtual Salsa	9:30 a.m. – 10:30 a.m.	Zoom - Online
Thurs	Virtual Yoga	9:30 a.m. – 10:30 a.m.	Zoom - Online
Mon	Yoga	8:30 a.m. -9:30 a.m.	Stevenson Park
Mon	Hula Hoop Fitness	10:00 a.m. – 11:00 a.m.	Carson Park
Mon-Fri	Open Fitness Room	8:30 a.m. - 11:30 a.m.	Carson Park
Mon-Thurs	Open Basketball	10:45 a.m. - 11:45 a.m.	Carson Park
Tue	Zumba Gold	8:30 a.m. – 9:30 a.m.	Carson Park
T/TH	Zumba	9:30 a.m. – 10:30 a.m.	Carson Park
Wed	Functional Fitness	8:30 a.m. – 9:30 a.m.	Carson Park
Wed	Yoga	9:30 a.m. – 10:30 a.m.	Carson Park
Thurs	Line Dance	8:30 a.m. - 9:30 a.m.	Carson Park
Thurs	Zumba	9:30 a.m. – 10:30 a.m.	Carson Park
Fri	Line Dance	10:30 a.m. – 11:45 a.m.	Stevenson Park
M/W/F	Open Fitness Room	8:00 a.m. – 11:30 a.m.	Stevenson Park
Fri	Country Line Dance	8:30 a.m. – 11:45 a.m.	Carson Park
Mon-Fri	Open Fitness Room	8:00 a.m. -10:30 a.m.	Foisia Park
Mon-Fri	Chess	8:30 a.m. - 10:30 a.m.	Foisia Park
Mon-Fri	Open Basketball	8:00 a.m. – 10:30 a.m.	Foisia Park
Wed	Swinging 50's Club	10:00 a.m. - 2:00 p.m.	Dominguez Park
Tue & Thur	Senior Bingo	11:00 a.m. - 2:00 p.m.	Carson Center
Early Childhood			
DATE	EVENT	TIME	LOCATION
2/14/2023	Valentine Exchange	8:00 a.m. - 5:00 p.m.	Carson Event Center
Stroke Center			
DATE	EVENT	TIME	LOCATION
Mondays	Occupational Therapy	9:00AM-3:00PM	JBMAO Stroke Center
Mon - Thurs	Equipment Exercise	9:00AM-3:00PM	JBMAO Stroke Center
Tues & Thurs	Chair Exercise	11:00AM-12:00PM	Carson Event Center
Wednesdays	Chair Volleyball	11:30AM - 1:00PM	Carson Event Center
Special Interest			
DATE	EVENT	TIME	LOCATION
Mon - Thurs	Start Smart Basketball	5:15PM - 6:00PM	Carson Park
Tue & Thurs	Fit Happens - ON WINTER HIATUS	6:15PM - 7:00PM	Community Center
Special Events			
DATE	EVENT	TIME	LOCATION
2/17/2023	Black History Month Celebration	6:00 p.m. - 9:00 p.m.	Carson Event Center
Youth and Family Services/P&A Grant			
DATE	EVENT	TIME	LOCATION
Mondays	Crafty Club	5:00 PM -7:00 PM	Veterans Park
Tuesdays	Stronger Together (Ladies group)	5:00 PM - 6:00 PM	Community Center
TBD	Nurturing Fatherhood Program	TBD	TBD
Tue & Thur	CETG 2.0 food deliveries	9-11 AM	Community Center
TBD	Girls Empowerment Group	TBD	TBD