



PROGRAMS-AT-A-GLANCE

NOVEMBER 2022

10/19/2022



SPECIAL EVENTS

DATE	EVENT	TIME	LOCATION
11/11/2022	Veteran's Day Celebration	10am - 12pm	Veterans Park
11/20/2022	Turkey Trot Wiffle Ball Tournament	2pm - 5pm	Carriage Crest Park
11/28/2022	Country & Western Fair	2pm - 7pm	Dominguez Park

MEETINGS

11/9/2022	FPVA Meeting (Board Members)	6pm	Foisia Park (via Zoom)
11/9/2022	Samoan Heritage Planning Committee	6:30pm	Foisia Park (in person)
11/9/2022	Country Western Planning Meeting	8pm	Dominguez Park
11/10/2022	FCBVA Meeting (Board Members)	7pm	Foisia Park (via Zoom)
11/16/2022	D.P.V.A. General Meeting	7pm	Dolphin Park
11/16/2022	Teen and Volunteer Feast	7pm	Foisia Park (in person)
11/16/2022	Country Western Planning Meeting	8pm	Dominguez Park
11/17/2022	Country Western Walk-Through Meeting	2pm	Dominguez Park
11/18/2022	Teen Feast	6pm - 8:30pm	Mills Park
11/18/2022	Country Western Volunteers Meeting	6pm	Dominguez Park
11/30/2022	FPVA Public Meeting	6pm	Foisia Park (via Zoom)
11/30/2022	FCBVA Public Meeting	7pm	Foisia Park (via Zoom)

PARK EVENTS

Mon/Wed/Thu	Boxing Fitness Intermediate - Ages 8 -12 (Ongoing)	4pm - 5pm	Boxing Center/Foisia Gym
Mon/Wed/Thu	Boxing Fitness Intermediate - Ages 13 -17 (Ongoing)	5pm - 6pm	Boxing Center/Foisia Gym
Mon/Wed/Fri	Open Game Room	4pm - 8pm	Dolphin Park
Monday	Kids Pickle Ball	4pm - 5pm	Hemingway Park
Mondays	Crafty Club	6:30pm - 8pm	Veterans Pk Activity Room
Mondays	Cooking With Kids	6pm - 7pm	Veterans Park Kitchen
Mondays	Volleyball Clinic	6:30pm 7:30pm	Dolphin Park
Mondays	Pickleball (park class)	7pm	Anderson Park
Tuesday	Spontaneous Games (park class)	5pm	Anderson Park
Tuesday	Art and Craft	5pm - 6pm	Hemingway Park
Tuesdays	Karate (Ongoing)	6pm	Foisia Park Dance Room
Tuesdays	Science Club	5:30pm - 6:30pm	Dolphin Park
Wednesday	B-Ball Time	4pm - 5pm	Hemingway Park
Wednesdays	Pickle Ball Pick-up	4:30pm - 8pm	Dolphin Park
Thursdays	Fall Crafts	4pm - 5pm	Del Amo Park

Thursdays	Tiny Tots Soccer (park class)	5pm	Anderson Park
Thursdays	Cooking Class	5:30pm - 6:30pm	Dolphin Park
Thursdays	Cooking Class Jr. Staff	6pm - 7:30pm	Dolphin Park
Thursday	Laser Tag	5:30pm - 6:30pm	Hemingway Park
Fridays	Teen Club Jr. Staff	5:30pm - 6:30pm	Dolphin Park
Fridays	Teen Club	6:30pm - 8pm	Dolphin Park
Friday	Friday Night Gaming	5pm - 6pm	Hemingway Park
Saturdays	Zumba (Ongoing)	9am	Foisia Park Gym
Saturday	Gaming Tournaments (park class)	1pm	Anderson Park
Saturday	Amazing Games	1pm - 2pm	Hemingway Park
Saturdays	Corporate Basketball League - Adult Sports (Ongoing)	2pm - 5pm	Foisia Park Gym
Sun/Wed/Fri.	Adult Baseball		Hemingway Park
	Pickle Ball	8am - 12pm	Hemingway Park
10/28/2022	Spooky Halloween Party	6pm - 8:30pm	Del Amo Park
10/31-11/3/2022	Session 9	Various Times	Carson Pool
10/31-11/3/2022	Aqua Aerobics / Lap Swim	7am - 8am	Carson Pool
10/31-11/3/2022	Lap Swim	3:30pm - 4:20pm	Carson Pool
10/31-11/3/2022	Lap Swim	4:30pm - 5:20pm	Carson Pool
10/31-11/3/2022	Lap Swim	5:30pm - 6:20pm	Carson Pool
10/31-11/3/2022	Swim Conditioning	6:45pm - 7:45pm	Carson Pool
11/5/2022	Holiday Mini Photo Session	9am - 5pm	Stevenson Park
11/7-11/10/2022	Session 10	Various Times	Carson Pool
11/7-11/10/2022	Aqua Aerobics / Lap Swim	7am - 8am	Carson Pool
11/7-11/10/2022	Lap Swim	3:30pm - 4:20pm	Carson Pool
11/7-11/10/2022	Lap Swim	4:30pm - 5:20pm	Carson Pool
11/7-11/10/2022	Lap Swim	5:30pm - 6:20pm	Carson Pool
11/7-11/10/2022	Swim Conditioning	6:45pm - 7:45pm	Carson Pool
11/11/2022	Veterans Day	10am - 1pm	Veterans Park
11/12/2022	UCLA Football Game Excursion (Rose Bowl)	TBD	Carriage Crest Park
11/16/2022	Friends Giving	6pm - 6:30pm	Del Amo Park
11/16/2022	Teen and Volunteer Feast	7pm	Foisia Park Activity Room
11/17/2022	Volunterr Thanksgiving Feast	6pm - 8pm	Dominguez Park
11/18/2022	Staff and Family Giving	6pm - 8:30pm	Stevenson Park
11/18/2022	Teen Movie Night	6:30pm - 9:00 pm	Calas Park
11/19/2022	Fabela Chavez Boxing Club (Participating in Demonstration at Country Western Fair)	12pm	Dominguez Park
11/19/2022	Country Western Fair	12pm - 6pm	Dominguez Park

For more information, please call your local park or the Recreation Division at (310) 847-3570.

***Please note: dates/times/locations/fees are subject to change without prior notice ***

RECREATION DIVISION

Anderson Park A/Supervisor: Nick Reyes 19101 Wilmington Ave. Carson, CA 90746 (310) 603-9850	Calas Park Supervisor: Larry Failla 1000 E. 220th St. Carson, CA 90745 (310) 518-3565	Carriage Cresk Park (CCPK) Supervisor: Carolyn Pele 23800 S. Figueroa St. Carson, CA 90745 (310) 830-5601
Carson Park Supervisor: Cristina Herrera 21411 S. Orrick Ave. Carson, CA 90745 (310) 830-4925	Del Amo Park Supervisor: Aundrea "Peach" Rockhold 703 E. Del Amo Blvd. Carson, CA 90746 (310) 329-7717	Dolphin Park Supervisor: Pat Camacho 21205 Water St. Carson, CA 90745 (310) 549-4560
Dominguez Park Supervisor: Jose Pina 21330 Santa Fe Ave. Carson, CA 90810 (310) 549-3962	Foisia Park & Fabela Chazez Boxing Center (FCBC) Supervisor: Janny Noa 23410 Catskill Ave. Carson, CA 90745 (310) 830-8310 (Park) (310) 830-6439 (Boxing Center)	Friendship Mini Park Supervisor: Pat Camacho 21930 S. Water St. Carson, CA 90745 (310) 549-4560
Hemingway Park Supervisor: Gwen Whitaker 700 E. Gardena Blvd. Carson, CA 90746 (310) 538-0018	Mills Park Supervisor: Migdalia "Mickie" Sanchez 1340 E. Domindale Dr. Carson, CA 90746 (310) 631-3130	Perry Street Mini Park Supervisor: Larry Failla 215th & Perry St. Carson, CA 90745
Reflection Mini Park Supervisor: Cristina Herrera 21208 Shearer Ave. Carson, CA 90745	Stevenson Park A/ Supervisor: Kelsie Mitchell 17400 Lysander Dr. Carson, CA 90746 (310) 631-2252	Veterans Park Supervisor: Isaac Gardner 22400 Moneta Ave. Carson, CA 90745 (310) 830-9997
Veterans SportsComplex (VSPC) Supervisor: Kenny Harris 22400 Moneta Ave. Carson, CA 90745 (310) 830-9992	Walnut Mini Park Supervisor: Gwen Whitaker 440 E. Walnut St. Carson, CA 90746	Enrichment Program Supervisor: Kenny Harris (310) 631-2252 or (310) 847-3570
Aquatics A/Supervisor: Jonathan Nery General Line: (310) 816-9381 Foisia Pool 23410 Catskill Ave. Carson, CA 90745 (310) 549-9051 foisiapl@carsonca.gov	Carson Pool 21436 S. Main St. Carson, CA 90745 (310) 830-1053 carsonpl@carsonca.gov Hemingway Aquatic Center (HAC) 16605 S. San Pedro Carson, CA 90746 (310) 324-2515 hac@carsonca.gov	Dominguez Aquatic Center (DAC) 21330 Santa Fe Ave. Carson, CA 90810 (310) 830-2391 dac@carsonca.gov
Corporate Yard 18601 S. Main St. Carson, CA 90248 (310) 847-3570	City Hall 701 E. Carson St. Carson, CA 90745 (310) 830-7600	Carson Event Center 801 E. Carson St. Carson, CA 90745 (310) 835-0212



Human Services Spotlight of Events for October 2022

Commission Meetings			
DATE	COMMISSION	TIME	LOCATION
10/10/2022	Senior Citizens Advisory	4:00 p.m.	Zoom
Join Zoom: https://us06web.zoom.us/j/88172349021?pwd=ejFNdkNhMzlrMctiTGf1SU9zU2N0UT09			
Meeting ID: 881 7234 9021 / Passcode: 978758		Zoom Meeting Call-in Number: 669-900-6833	
Senior Assisted Living/Information and Referral			
DATE	EVENT	TIME	LOCATION
Tuesdays	Senior Share Storytelling	3:00pm-4:30pm	JMMCC Room 111
Every other Mon	Bereavement Support Group	10:30am-11:30am	JMMCC Room 111
Thursday	Welcome Back Senior Resource Fair	9:00AM-11:00AM	JMMCC Main Hall/Atrium
Wednesdays	Beyond The Grief Group	12:00pm-1:00pm	JMMCC Room 111
Wednesdays	Bet Tzedek Legal Talks	3:00pm-4:30pm	JMMCC Room 111
1st Monday	LA Regional Food Bank	7:00am-1:00pm	JMMCC East Parking Lot
1st 3rd Thursdays	Caregiver Support Group	11:00am-12:00pm	JMMCC Room 111
Every other Mon	Grandparents As Parents Support Group	9:00 am-11:00am	TBD
Therapeutic Recreation			
DATE	EVENT	TIME	LOCATION
Mondays	Softball Program	6:00pm-7:30pm	Foisia Park
Wednesdays	Virtual/In-Person Hip Hop Step	4:00pm – 5:00pm	Carson Event Center
Thursdays	Arts & Crafts	5:00pm-6:00pm	Carson Event Center
Fridays	Adult Day Club	10:00am-1:00pm	Carson Event Center
Senior Recreation			
DATE	EVENT	TIME	LOCATION
Tue	Virtual Functional Fitness	9:30 a.m. – 10:30 a.m.	Zoom - Online
Wed	Virtual Salsa	9:30 a.m. – 10:30 a.m.	Zoom - Online
Thurs	Virtual Yoga	9:30 a.m. – 10:30 a.m.	Zoom - Online
Mon	Yoga	8:30 a.m. -9:30 a.m.	Stevenson Park
Mon	Hula Hoop Fitness	10:00 a.m. – 11:00 a.m.	Carson Park
Mon-Fri	Open Fitness Room	8:30 a.m. - 11:30 a.m.	Carson Park
Mon-Thurs	Open Basketball	10:45 a.m. - 11:45 a.m.	Carson Park
Tue	Zumba Gold	8:30 a.m. – 9:30 a.m.	Carson Park
T/TH	Zumba	9:30 a.m. – 10:30 a.m.	Carson Park
Wed	Functional Fitness	8:30 a.m. – 9:30 a.m.	Carson Park
Wed	Yoga	9:30 a.m. – 10:30 a.m.	Carson Park
Thurs	Line Dance	8:30 a.m. - 9:30 a.m.	Carson Park
Thurs	Zumba	9:30 a.m. – 10:30 a.m.	Carson Park
Fri	Line Dance	10:30 a.m. – 11:45 a.m.	Stevenson Park
M/W/F	Open Fitness Room	8:00 a.m. – 11:30 a.m.	Stevenson Park
Fri	Country Line Dance	8:30 a.m. – 11:45 a.m.	Carson Park
Mon-Fri	Open Fitness Room	8:00 a.m. -10:30 a.m.	Foisia Park
Mon-Fri	Chess	8:30 a.m. - 10:30 a.m.	Foisia Park
Mon-Fri	Open Basketball	8:00 a.m. – 10:30 a.m.	Foisia Park
Tue-Fri	Senior Bingo	11:00 a.m. - 2:00 p.m.	Carson Center
Early Childhood			
DATE	EVENT	TIME	LOCATION
10/1/2022	Welcoming New Children	8:00 AM-5:00 PM	Carson Event Center
Stroke Center			
DATE	EVENT	TIME	LOCATION
Mon - Thurs	Equipment Exercise	9:00AM-3:00PM	JBMAO Stroke Center
Mon - Thurs	Occupational Therapy	9:00AM-3:00PM	JBMAO Stroke Center
Tues & Thurs	Chair Exercise	11:00AM-12:00PM	JBMAO Stroke Center
Special Interest			
DATE	EVENT	TIME	LOCATION
Mon - Thurs	Start Smart Soccer	5:15PM - 6:00PM	Calas Park
Tue & Thurs	Fit Happens	6:15PM - 7:00PM	Community Center
Special Events			
DATE	EVENT	TIME	LOCATION
10/21/2022	Women's Health Conf. & Business Expo	7:30 AM - 3:00 PM	Carson Event Center